

Be Brave

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) - November 2007
音樂: Brave - Jennifer Lopez : (CD: Brave)



Start on Vocals - On the word Day Step Forward & Tap. Step Back with Hitch. Left Lock Step Back. Back Rock. Shuffle Full Turn Left.

1&2 Step slightly forward on Left. Tap Right toe behind Left. Step back on Right - hitching Left knee up.
3&4 Step back on Left. Lock step Right across Left. Step back on Left.
5 – 6 Rock back on Right. Rock forward on Left.
7&8 Travelling forward...Right shuffle turning Full turn Left stepping Right. Left. Right.

Cross Rock. Left Sailor 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Right Chasse 1/4 Turn Right.

1 – 2 Cross rock Left over Right. Rock back on Right.
3&4 Cross Left behind Right. Turn 1/4 turn Left stepping Right to Right side. Long step forward on Left.
5 – 6 Step forward on Right. Pivot 3/4 turn Left.
7&8 Step Right to Right side. Close Left beside Right. Turn 1/4 turn Right stepping forward on Right.

Hitch 3/4 Turn Right & Point. Cross. Point. Behind. 1/4 Turn Left. Step Forward. Left Shuffle Forward.

&1 Hitch Left knee up across Right turning 1/4 turn Right. Point Left toe out to Left side.
&2 Hitch Left knee up across Right turning 1/2 turn Right. Point Left toe out to Left side.
3 – 4 Cross step Left over Right. Point Right toe out to Right side. (Facing 12 o'clock)
5&6 Cross Right behind Left. Turn 1/4 turn Left stepping forward on Left. Step forward on Right.
7&8 Left shuffle forward stepping Left. Right. Left. (Facing 9 o'clock)

Right Mambo Forward. Left Shuffle 1/2 Turn Left. Forward Rock. Right Coaster Cross.

1&2 Rock forward on Right. Rock back on Left. Step back on Right.
3&4 Left shuffle turning 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock)
5 – 6 Rock forward on Right. Rock back on Left.
7&8 Step back on Right. Step Left beside Right. Cross step Right over Left.

Side Toe Switches & 1/4 Turn Right. Point. Hitch. Cross. 2 x 1/4 Turns Left. Right Cross Shuffle.

1&2 Point Left toe out to Left side. Step Left beside Right. Point Right toe out to Right side.
&3 Step Right beside Left turning 1/4 turn Right. Point Left toe out to Left side.
&4 Hitch Left knee up across Right. Cross step Left over Right. (Facing 6 o'clock)
5 – 6 Turn 1/4 turn Left stepping back on Right. Turn 1/4 turn Left stepping Left to Left side.
7&8 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. (Facing 12 o'clock)

Side Rock 1/4 Turn Left. Left Shuffle Back. & Heel Jack & Touch. Right Scissor Step.

1 – 2 Rock Left out to Left side. Recover weight on Right turning 1/4 turn Left.
3&4 Left shuffle back stepping Left. Right. Left.
&5 Step back on Right. Touch Left heel forward.
&6 Step Left back to place. Touch Right toe beside Left.
7&8 Step Right to Right side. Close Left beside Right. Cross step Right over Left. (Facing 9 o'clock)

Chasse Left. Cross Rock & 1/4 Turn Right. Full Turn Right. Left Shuffle Forward.

1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.
3&4 Cross rock Right over Left. Rock back on Left. Turn 1/4 turn Right stepping forward on Right.

5 – 6 Turn 1/2 turn Right stepping back on Left. Turn 1/2 turn Right stepping forward on Right.
7&8 Left shuffle forward stepping Left. Right. Left. (Facing 12 o'clock)

Step. Pivot 1/2 Turn Left. Kick-Cross-Point (Right & Left). Cross Behind. Unwind 3/4 Turn Right.

1 – 2 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)

3&4 Kick Right forward. Cross step Right Forward over Left. Point Left toe out to Left side.

5&6 Kick Left forward. Cross step Left Forward over Right. Point Right toe out to Right side.

7 – 8 Cross Right behind Left. Unwind 3/4 turn Right. (Weight on Right) (Facing 3 o'clock)

Start Again
