

Best Friend (Tu Mejor Amega)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Angela Rushing (USA) - November 2007
音樂: Tu mejor amiga - Jennifer Pena : (CD: Dicen Que El Tiempo)



Dance starts 9 count intro (start on the words "Eres tan")

(fast dance)

R-DIAGONAL, CROSS, SWEEP, Making ½ TURN, SWAY, SIDE CHA-CHA

- 1-2 Step forward right, lock left behind right, step forward right (entire 2 counts with hips bump)
- 3-5 Cross right over left, Point Right toe out and around from front, making ½ turn to the right (facing 6:00)
- 6-8 Sway left to side, cha-cha right, left, right

L-DIAGONAL, CROSS, SWEEP, Making ½ TURN, SWAY, SIDE CHA-CHA

- 1-2 Step forward left, lock right behind left, step forward left (entire 2 counts with hip bumps)
- 3-5 Cross left over right, Point Left toe out and around from front, making ½ turn to the left (facing 12:00)
- 6-8 Sway right to side, cha-cha left, right, left

SIDE, SIDE, (with shoulder shrug), ½ WEAVE, LOCK BACK, L-MAMBO FWD

- 1-2 Step right foot to right side, (with shoulder shrug) step together with left (with shoulder shrug)
- 3-4 Step left foot across in front of right, step right to right side
- 5-6 Step left back, lock right over left, step left back
- 7-8 Rock left forward, recover on right, step left back

KICK, VAUDEVILLE HOP, KICK, VAUDEVILLE HOP, KICK, TOUCH BACK

- 1-3 Kick right foot forward, cross right over the left, Step left to the left, touch right heel to the right.
- 5-6 Kick left foot forward, cross left over the right, step right to the right, touch left heel to the left
- 7-8 Kick right foot, touch right foot behind left

Repeat counts 1-32 enjoy dancing and have fun! Show your best moves!
