

# Bleeding Love

拍數: 32      牆數: 2      級數: Improver  
編舞者: Stacie White (UK) - November 2007  
音樂: Bleeding Love - Leona Lewis



Dance starts 32 counts into song, when the beat kicks in

## Make 1¼ Turn Left, Lunge forward, Weave, unwind sweep

- 1-2            Step L to L side, Cross R over L turning ¾ L  
&-3            Step onto L making a ¼ L turn back to the front (&), Lunge onto R, making another ¼ turn L to face 9 o'clock (3)  
4&5           Step L behind R, Step R to R side, Cross L in front of R.  
6-7            Unwind a full turn R, Sweeping R leg out on 7

## Alternatively if you do not want to turn, you can replace steps 1-3 with

- 1-2&3           Step L to L side, Cross R over L. Step L to L side making a ¼ turn L, Lunge forward onto R.

Counts 6 and 7 can also be danced different, making the sweep on count 7 faster by dancing the weave (4&5) the same but adding an extra step cross on counts & 6, doing step to R side (&) Step L across R, Then turning and sweeping R on count 7.

## R Sailor with a cross, Hip Sways/Bumps, Back rock, Hip Twist Chasse

- 8&1            Step R behind L, Step L to L side, Step R over L  
2-3            Step onto L and Sway hips L, Sway hips R  
4&5            Bump hips L,R,L (weight end on L)  
6-7            Rock Back on R foot, Recover weight onto L  
8&1            Step R forward and slightly across L, Close L to R, Step R out to R side

## Pivot turn Locking shuffle or turn, Mambo steps

- 2-3            Cross L over R and pivot a ¾ turn R (weight ends on R)  
4&5            L locking shuffle forward, stepping L, lock R behind, Step forward L  
(This can also be a full turn forward stepping L,R,L)  
6&7&           R cross mambo, Recover L, R mambo R side, Recover onto L  
8&1            R mambo to R side, Recover onto L, Step R across L

## Pivot ½ Forward twinkles, Half turn twinkle

- 2-3            Step L forward and make a ½ turn pivot  
4&5            Step L diagonally forward, Step R to R side, Close L beside R  
6&7            Step R diagonally forward. Step L to L side, Close R beside L  
8&1            Step L over R, Turn ½ L stepping R in place, Step L to side (1st step of dance)

## Begin Again!

## TAG

The tag is danced after the 3rd wall, before the 4th wall, after the chorus and is only danced once.

- 1-3            Step L to L side, Rock back R, Recover  
4&5            Side chasse R,L,R  
6-7            Rock forward onto L, Recover onto R  
8&1            Side chasse L,R,L (last step of the chasses is the 1st step of the dance)

