

Unglamorous

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Angela Rushing (USA) - October 2007
音樂: Unglamorous - Lori McKenna : (CD: Country 2007)



Dance starts: 32 count intro (start on the word "Understated"). Be in the beat of music

TOE, HEEL, SHUFFLE

- 1-2 Touch right toe and heel next to the left
- 3-4 Shuffle forward- right, left, right
- 5-6 Touch left toe and heel next to the left
- 7-8 Shuffle forward- left, right, left

SWEEP WITH ½ TURN, HEEL STRUTTS 2X, ROCK BACK, RECOVER

- 1-2 Point Right toe out and around from front to back, making ½ turn to right
- 3-4 Step right heel forward, drop toe down
- 5-6 Step left heel forward, drop toe down
- 7-8 Rock right foot back, recover onto left

WALKING SWAY SAILOR STEP 2X (BACKWARDS)

- 1-2 Sway your right hips while walking fwd - right left
- 3-4 Sway your left hips while walking fwd - left, right
- 5-6 Step right foot back behind left foot, step left foot to left side, step right foot next to left
- 7-8 Step left foot back behind right foot, step right foot to right side, step left foot next to right

MAKE ¼ MONTEREY, KICK, STOMP

- 1-4 Touch right toe to right side, on ball of left foot make ¼ turn over right shoulder and step onto right foot, touch left toe out to the side, step left foot next to right.
- 5-6 Kick right foot, and stomp
- 7-8 Kick left foot, and stomp

Begin again.
