

Cat On My Chest

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sheridan Gill (UK) - October 2007
音樂: Chance of a Lifetime - Brooks & Dunn : (CD: Cowboy Town)



Intro: 32 counts.

Section 1 - Point Right, Point Left, Kick Ball Change, Forward Shuffle

1 – 2 Point right toe to right side, step right to place
3 – 4 Point left toe to left side, step left to place
5 & 6 Kick right forward, step right beside left, step left to place
7 & 8 Step right forward, close left beside right, step right forward

Section 2 - Forward Rock, Back Shuffle, Back Rock, Kick Ball Change

9 – 10 Rock forward on left, recover onto right
11 & 12 Step left back, close right beside left, step left back
13 – 14 Rock back on right, recover onto left
15 & 16 Kick right forward, step right beside left, step left in place

Section 3 - Right & Left Heel Switches, 1/4 Pivot Turn, Forward Rock, Back Shuffle

17 & 18 & Dig right heel forward, step right to place, dig left heel forward, step left to place
19 – 20 Step forward on right, pivot 1/4 turn left
21 – 22 Rock forward on right, recover onto left
23 & 24 Step back onto right, close left beside right, step back onto right

Section 4 - Side Rock, Cross Shuffle, 2 x 1/4 Hinge Turns Left, Kick Ball Change

25 – 26 Rock left to left side, recover onto right
27 & 28 Cross left over right, step right to right side, cross left over right
29 – 30 Turn 1/4 left stepping back on right, turn 1/4 left stepping left beside right
31 & 32 Kick right forward, step right beside left, step left in place

Begin again.
