

# Please Don't Stop

COPPERKNOB  
BY STEPHEN BATES

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: David Spencer (UK) - October 2007  
音樂: Don't Stop the Music - Rihanna : (CD: Good Girl Gone Bad)



**Quick Intro: Start on the word "MUSIC" when she sings Please Don't Stop the Music (on the first proper beat)**

**Diagonal steps forward. Jazz box cross. R side rock and cross.**

- 1 – 2      Small step forward on R to R diagonal. Small step forward on L to L diagonal.
- 3 – 4      Cross R over L. Step back on L to L diagonal.
- 5 – 6      Step R to R Side. Cross L over R.
- 7 & 8      Rock out on R to R side. Recover on L. Cross R over L. [12.00]

**Two x ¼ turns R. Cross. 2 x ¼ turns L. Cross. L Kick-Ball Point.**

- 1 – 2      Turn ¼ R stepping back on L. Turn ¼ R stepping R to R side.
- 3 – 4      Cross L over R. Turn ¼ L stepping back on R.
- 5 – 6      Turn ¼ L stepping L to L side. Cross R over L.
- 7 & 8      Kick L forward. Step down onto L. Point R toe to R side. [12.00]

**Heel twists making ¼ and ½ turn. Back rock. Full turn R. L Mambo.**

- 1 – 2      Twist both heels to L making ¼ turn R. [3.00] Twist both heels to R making ½ turn L. (weight on R) [9.00]
- 3 – 4      Rock back on L. Recover on R.
- 5 – 6      ½ turn R stepping back on L. ½ turn R stepping forward on R.
- 7 & 8      Rock forward on L. Recover back on R. Step back on L. [9.00]

**(&) Step Back L. Back rock. Step forward. Step pivot ½ turn R. Full turn R.**

- &1- 2      Close R next to L. Step back on L. Rock back on R.
- 3 – 4      Recover forward on L. Step forward on R.
- 5 – 6      Step forward on L. Pivot ½ turn R.
- 7 – 8      ½ turn R stepping back on L. ½ turn R stepping forward on R. [3.00]

**Forward rock. Back-Cross-Back-Side. L Sailor ½ turn L.**

- 1 – 2      Rock forward on L. Recover back on R.
- 3 - 4      Step back L on L diagonal. Cross R over L.
- 5 – 6      Step back on L. Step R to R side.
- 7 & 8      Cross L behind R making ¼ turn L. Step R to R side making ¼ turn L. Step L in place. [9.00]

**Monterey ½ turn R. Side-Touch. ¼ Turn-Touch. Heel switches making ¼ turn R.**

- 1 – 2      Point R toe to R side. Make ½ turn R closing R next to L. [3.00]
- 3 – 4      Long step L on L. Touch R toe next to L.
- 5 – 6      Turn ¼ R stepping forward on R. Touch L toe next to R. [6.00]
- 7 & 8      Tap L heel forward. Close L next to R making ¼ turn R. Tap R heel forward. [9.00]

**Back rock. Shuffle ½ turn L. Back rock. Shuffle ½ turn R**

- 1 – 2      Rock back on R. Recover forward on L.
- 3 & 4      Shuffle ½ turn to L stepping R-L-R. [3.00]
- 5 – 6      Rock back on L. Recover forward on R.
- 7 & 8      Shuffle ½ turn to R stepping L-R-L. [9.00]

**Slide back R-L. Reverse ¼ turn R. Forward rock. Shuffle ½ turn L.**

- 1 – 2      Slide R foot back. Slide L foot back.
- 3 – 4      Touch R toe back. Pivot ¼ turn R (weight on R). [12.00]

5 – 6            Rock forward on L. Recover back on R.  
7 & 8            Shuffle ½ turn to L stepping R-L-R. [6.00]

**Begin again.**

---