

Be Together

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dougie D (UK) & Tina G (UK) - October 2007
音樂: We'll Be Together (feat. Annie Lennox) - Sting



Intro: 16 counts after beat kicks in.

Syncopated Cross Rocking Horses, step to right, drag left to right, Chasse left

1&2& Cross right over left recover on left, step right to right side recover on left
3&4& Cross right over left recover on left, step right to right side recover on left
5-6 Long step to right side on right, drag left alongside right
7&8 Chasse left stepping left, right, left

Steps back with Heel Swivels, left stomp and Apple Jacks (Alternative to apple jacks)

1-2 Step back on right swivelling right heel out then in, step back on left swivelling left heel out then in
3-4 Step back on right swivelling right heel out then in, stomp left in place. Taking weight onto right toe & left heel
5& Swivel right heel & left toe to left. Swivel feet back to place Taking weight onto left toe and right heel
6& Swivel left heel & right toe to right. swivel feet back to place
7&8& Repeat 5& 6&

Alternative to apple jacks - Rocking horse, (rock forward on right recover on left, rock back on right recover on left)

Heel Grind on right with 1/4 turn right, Shuffle forward on left, Cross unwind 1/2 turn right, Side mambo

1-2 Heel grind making a 1/4 turn to right
3&4 Shuffle fwd stepping left, right, left
5-6 Cross right behind left, pivot 1/2 turn right
7&8 Step left to left side, step right in place, step left beside right

Twinkles forward x2, Kick Ball Change Sway right and Left

1&2 Cross right over left, step left to left side, step right in place (travelling forward)
3&4 Cross Left over right, step right to right side, step left in place (travelling forward)
5&6 Kick right leg forward, step right beside left, step left in place
7-8 Sway hips to right, sway hips to left (Weight on left)

Sailor Step, Sailor heel, Cross step and hold x2

1&2 Cross right behind left, step left beside right, step right in place
3&4& Cross left behind right, step right beside left, dig left heel forward, step left beside right
5-6 Cross right over left hold
&7-8 Step left behind right, cross right over left and hold

Side rock, Cross Shuffle, Side Points and Hold

1-2 Rock left to left side recover on right,
3&4 Cross shuffle to right stepping left, right, left
5&6 Point right toe to right side step right beside left, Point left toe to left side
&7-8 Step left beside right, point right toe to right side hold.

Vaudeville Hops 1/2 turn left, Shuffle forward on left

1& Cross right over left, step left beside right
2& Dig right heel forward, step right beside left
3& Cross left over right, step right beside left

4& Dig left heel forward, step left beside right
5-6 Step forward on right, pivot 1/2 turn left
7&8 Shuffle forward stepping left, right, left

Heel switches and hold, Side points and hold

1&2 Dig right heel forward, step right beside left, Dig left heel forward
&3-4 Step left beside right, dig right heel forward and hold
&5-6 Step right beside left, Point Left to left side and hold
&7-8 Step left beside right, point right to right side and hold

Begin again.
