Another You



拍數: 32 編數: 4 級數: Intermediate

編舞者: Karen Looker (UK) - October 2007

音樂: Another You - Cascada: (Album: Everytime We Touch)



Start on vocals - after 13 seconds

SECTION 1 - L Side, rock back R, recover L, R side, touch unwinding ½ L, syncopated jazzbox ¼ R, L forward lockstep

1-2&	0, 16, 16, 1	Rock right back Recover onto left	
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3-4 Step right to right side. Touch left behind right unwinding ½ turn left (weight ends on left)

Cross right over left. Step left back. Step right ¼ turn right.
Step left forward. Lock right behind left. Step left forward.

SECTION 2 - R forward mambo, L coaster step, sway R L, R sailor step

1&2 Rock right forward. Recover weight on left. Step right next to left.

3&4 Step left back. Step right beside left. Step left forward.5-6 Step right to right side as you sway hips right, left

7&8 Cross right behind left. Step left to left side. Step right to right side

SECTION 3 - Touch L toe back, unwind ½ L, syncopated jazz box ¼ R, L forward lockstep, rock recover ½ R

1-2 Touch left toe back, unwind ½ turn left (weight on left)

Restarts - on walls 2, 5 and 7, see note below

Cross right over left. Step left back. Step right ¼ turn right.

Step left forward. Lock right behind left. Step left forward.

7&8 Rock forward right. Recover on left. Pivot ½ turn right (over right shoulder - weight on right

foot)

SECTION 4 - L forward ½ R L forward, walk forward R, L, rock forward R recover L ¼ R, sway hips L R

1&2 Step forward left. Pivot 1/2 turn right. Step left forward.

3-4 Walk forward right then left.

5&6 Rock right forward. Recover onto left. Step right 1/4 turn right.

7-8 Sway hips left, right.

Restarts: On Walls 2 and 5, after count 2 in section $3 - (unwind \frac{1}{2} left)$ hold for 2 counts then restart On wall 7, same place – hold for 4 counts. Then restart

TAG: At the end of wall 3

L side, rock back R recover L, R side, rock back L recover R, sway hips L R L R

1-2& Step left to left side. Rock right back. Recover weight onto left.3-4& Step right to right side. Rock left back. Recover weight onto right.

5-6-7-8 Step left to left side as you sway hips left, right, left, right (weight ends on right)

ENDING: The dance finishes at the end of section 2 where the music slows down - following the hip sways you can do an unwind to the front wall to finish off the dance.