## Love And Respect

拍數： 32
牆數： 4
級數：Improver
編舞者：Mark Caley（UK）\＆Jan Caley（UK）－October 2007
音樂：Love and Respect－D．J．In the Night ：（Playa Total 2 －CD ref CD2137）

| RIGHT，TOGETHER，CHASSE RIGHT SIDE，CROSS ROCK ROCKING CHAIR，1／2 LEFT |  |
| :---: | :---: |
| 1－2 | Step right to side，left beside right with Cuban Hips |
| 3\＆4 | Step right \＆step left，step right |
| 5\＆6\＆ | Cross left over right，recover weight on right foot，Rock Left Diagonally Back，recover weight on Right |
| 7\＆8 | Cross left over right，recover weight on right foot，Turn 1／2 Left stepping on Left |
| （you will end up at 6.00 clock wall facing diagonally Right） |  |
| RIGHT，TOGETHER，CHASSE RIGHT SIDE，CROSS ROCK ROCKING CHAIR， $1 / 4$ LEFT |  |
| 1－2 | Step right to side，left beside right with Cuban Hips |
| $3 \& 4$ | Step right \＆step left，step right |
| 5\＆6\＆ | Cross left over right，recover weight on right foot，Rock Left Diagonally Back，recover weight on Right |
| 7\＆8 | Cross left over right，recover weight on right foot，Turn 1／4 Left stepping on Left |
| （you will end up at 3.00 clock wall） |  |
| WALK FORWARD RIGHT，LEFT，RIGHT MAMBO，ANGLED TRIPLES BACKWARDS |  |
| 1－2 | Walk forward Right，Left |
| 3\＆4 | Rock forward on Right，Recover weight to Left，Step back on Right |
| 5\＆6 | Left Triple back Stepping Left，Right Left（Turn Body slightly to face Left as you Lt Triple back） |
| 7\＆8 | Right Triple back stepping Right，Left，Right（Turn Body slightly to face Rt as you Rt Triple back） |
| LEFT SHUFFLE 1／2 TURN，STEP RT OUT，LEFT OUT，RT COASTER，MAMBO 1／2 RT |  |
| 1\＆2 | Left Shuffle making 1／2 Turn Left stepping Left，Right，Left（9．00） |
| 3 | Step Right diagonally forward（Turn Right Knee out as you step on Right） |
| 4 | Step Left diagonally forward（Turn Left Knee out as you step on Left） |
| 5\＆6 | Step back on Right，Step Left beside Right，Step Right Forward |
| 7\＆8 | Rock forward on Left，Recover weight on to Right，Make 1／2 Turn Left stepping on Left（3．00） |

REPEAT
Dance Alternative floor Splits
The Dance also fits these dances－Not like That（Ashley Tisdale）－Isle of Paradise（Blue lagoon） or Lamtarra Rumba

