Roll-Um



編舞者: Sheila DiNardo (USA) - October 2007

音樂: I Don't Want You Anymore - Helena Paparizou



Hold first 32 count

STEP SIDE TOGETHER WITH HAND ROLLS

1 - 2
St. Right to Right side, St. Left next to Right,
3 - 4
St. Right to Right side, Touch Left next to Right

(When steping to the side, Roll hands over each other in front of you)1,2,3, hold

5 – 8 Repeat the Left side now

STEP TOUCH, TOES, TRIPLE STEP,

1 – 2 St. Right back, Touch Left next to Right

(now as you turn 1/4 right).....3:00

3 - 4
5 - 6
5 - 6
Touch Right toe forward, to Right side,
7 & 8
Triple St. (R.L.R) in place (is a 1+2 Count)

STEP TOUCH, KICK BALL CHANGE

1 – 2 St. Left back, Touch Right next to Left

(now as you turn 1/4 Left......12:00

3 – 4
5 & 6
St. Right forward, Touch Left next to Right
Kick Left forward, St. on Left, Right (1+2 Count)

7 – 8 Kick Left forward, St. on Left

HEEL SPLITS, HEEL FORWARD AND BACK

1 - 2 Split both heels out, Bring them back together
3 - 4 Touch Right heel forward, Bring back in place
5 - 6 Split both heels out, Bring them back together
7 - 8 Touch Left heel forward, Bring back in place

Begin again.