

Funkabilly

拍數: 0 牆數: 0 級數: Intermediate
編舞者: Barry Amato (USA) & Dari Anne Amato (USA) - July 2007
音樂: Funkabilly - Joanne Cotten



Intro: 32 counts

The count is NOT 1&2&3 etc. It's 1-2-3-4-5-6-7-8

Sequence of dance

A A A A - A A B A - B B A - A A A - C C C

Part A

Rock forward, recover, 1/4 turn R, hold, step forward, 1/2 turn pivot, step forward, hold

1-4 Rock forward on R foot (1). Recover on L in place (2). 1/4 turn R stepping forward on R foot (3). Hold (4).

5-8 Step forward on the L foot (5). 1/2 turn pivot R with R foot taking weight (6). Step forward on the L foot (7). Hold (8).

Heel grind, step back, step side, cross step, hitch, cross step

1-4 Grind R heel diagonally L (1). Fan R foot from L to R diagonal with L foot taking weight (2). Step back slightly on the R foot (3). Take a small step to the L on L foot (4).

5-8 Cross R foot over L (5). Slowly bring L foot to a hitch position (flexed foot) to the front of R knee (6-7-8).

***Remember, you have 3 counts for this.**

Cross step, 3/4 turn, hold, step, hold, pivot, hold

1-4 Cross L foot over R (1). Begin 3/4 turn over L shoulder, stepping back 1/4 L on the R foot (2). Pivoting on ball of R foot, do another 1/2 turn L with L foot taking weight (3). Hold (4).

5-8 Step forward on the R foot (5). Hold (6). 1/2 turn pivot L with L foot taking weight (7). Hold (8).

Step (with hip roll), lock, step (with hip roll), lock, step in place, step out/out

1-4 Step forward on the R foot, rolling R hip clockwise (1). Lock L foot behind R (2). Repeat again (3-4).

5-8 Step back on the R foot in place (5). Step out slightly on the L foot (6). Step out slightly on the R foot (7). Hold (8).

Part B

Hip push, hold, 1/4 turn L, hold, 1/4 turn L and hip push 2x (same as a sway with a push of the hip)

1-4 Push R hip to the R (1). Hold (2). 1/4 turn L and step forward on L foot (3). Hold (4).

5-8 Pivoting on ball of L foot, 1/4 turn L and step onto the R foot as you push your right hip (5). Hold (6). Push R hip to R side again (7). Hold (8).

Make 1/4 turn/heel, step/together, heel, step/together, mambo step with a heel lead

1-4 With weight on R, 1/4 L, tap and step on L heel forward (1). Step R foot together with L (2). Tap and step on L heel forward again (3). Step R foot together with L (4).

5-8 Begin mambo step by rocking forward on R heel (5). Step in place on L foot (6). Step R foot slightly back on R (7). Hold (8).

Hip push, hold, 1/4 turn R, hold, 1/4 turn L and hip push 2x (same as sway with a push of the hip)

1-4 Push L hip to the L (1). Hold (2). 1/4 turn R and step forward on the R foot (3). Hold (4).

5-8 Pivoting on ball of R foot, 1/4 turn R and step onto L foot as you push your left hip (5). Hold (6). Push L hip to L side again (7). Hold (8).

Stomp/switches, hold, step, hold, ½ turn pivot, hold

1-4 Stomp up with the R foot (1). Step on R next to L foot (2). Stomp up with the L foot (3). Step on the L next to the R foot (4).
5-8 Step forward on the R foot (5). Hold (6). ½ turn pivot L with L foot taking weight (7). Hold (8).

Part C

Touch, step, touch, hold, scuff, step, touch side, hold

1-4 Touch R foot to R side and bring R arm overhead (1). Step on R foot next to L and bring R arm down (2). Touch L foot to L side and bring L arm overhead (3). Hold (4).
5-8 Scuff L heel forward (5). Step on L foot in place (6). Touch R foot to R side (7). Hold (8).

Heel, hold, fan, hold, heel, hold, fan, hold

1-8 Dig R heel diagonally L into floor (1). Hold (2) Fan toes from L to R and weight R foot (3). Hold (4) Dig L heel diagonally R into floor (5). Hold (6) Fan toes from R to L and weight L foot (7). Hold (8). .

Make ½ turn traveling heel, step, heel, step, heel, step, heel, step

1-8 Traveling a ½ turn (in a slight semi-circle) to the R step R on the R heel (1). Step L foot together R as you continue travel to the R (2). Repeat stepping to R on R heel (3). Step L foot together with R (4).

Repeat 5-8.

Repeat last two counts on opposite footwork.
