

Feel Like Rockin

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate / Advanced
編舞者: Angela Rushing (USA) - October 2007
音樂: The More I Feel Like Rockin' - Tracy Byrd : (CD: Different things)



Intro: 33 counts (start on the words "I was")

Be in the beat of music

WALK FWD (while hitching) 4x, WALK BACK (While hitching) 4x

1-4 walk fwd right while hitching, left, right, left
5-8 walk back right while hitching left, right, left

POINT, CROSS BACKWARD

1-2 Point right toe to right, cross right foot behind left
3-4 Point left toe left, cross left foot behind right
5-8 Repeat 1-4

SHUFFLES, ½ TURN

1-2 Shuffle forward - right, left, right
3-4 Step left foot forward, making ½ turn to right
5-6 Shuffle forward - left, right, left
7-8 Step right foot forward, making ½ turn to left

SIDE TOGETHER SIDE HOLD, CROSS, ¼ TURN, SIDE SWITCHES

1-2 Step left to side, step right together
3-4 Step left forward to side, hold
5-6 Rock right foot over left, making ¼ turn to the right
7& Touch left toe to left side, step left next to right
8 Touch right toe to right, step right next to left

FWD LOCKS, LEG WIGGLE

1-2 Step forward right, lock left behind right, step forward right
3-4 Step forward left, lock right behind left, step forward left
9-12 with weight still on right foot & left leg out on an angle, tap left heel on floor till the count of 4.

Repeat counts 1-40 enjoy dancing and have fun!