

# My Heart

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Louise Elfvengren (NOR) - October 2007  
音樂: Total Eclipse Of My Heart - La Bouche



Start at vocals

Alternative music: Kylie Minoughe – Locomotion or others with same beat

## SECTION 1 - WALKS x 3 FORWARD, LEFT POINT DIAGONALLY FORWARD, WALKS x 3 BACKWARDS, RIGHT POINT DIAGONALLY BACKWARDS

1-4            Walk right left right forward, point left diagonally forward  
5-8            Walk left right left backwards, point right diagonally backwards (12 o'clock)

## SECTION 2 - JAZZ BOX ¼ TURN RIGHT, ROCK AND ½ SHUFFLE RIGHT

1-2            Cross right over left step back with left  
3-4            Step right ¼ turn right. Step left beside right (3 o'clock)  
5-6            Rock right forward, recover onto left  
7&8            Shuffle ½ turn right – stepping right left right (9 o'clock)

## SECTION 3 - STEP, POINT, CROSS POINT, ROCK ½ SHUFFLE LEFT

1-2            Step forward left, point right sideways  
3-4            Cross right over left, point left sideways  
5-6            Rock left forward recover onto right  
7&8            Shuffle ½ turn left- stepping left right left (3 o'clock)

## SECTION 4 - KICKBALL STEP, STEP TURN, ½ SHUFFLETURN, SIDE & HITCH

1&2            Kick right forward, step right beside left, step onto left in place  
3-4            Step right forward, turn ½ left weight on left (9 o'clock)  
5&6            ½ shuffle turn, stepping – right left right (3 o'clock)  
7-8            Step left to the side, lift up right foot

Begin again.

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