

Groovy Thing

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Daniel Whittaker (UK) - October 2007
音樂: I Don't Want You Anymore - Helena Paparizou



Intro: 32 counts.

(1-8) - Forward ½ coater step, ¼ turn bump bump, ¼, ½

1-2 Step right forward, make ½ turn right stepping back left
3&4 Step right back, close left to right, step forward right
5-6 Make ¼ turn right, bump to left side popping right knee in towards left, bump right popping left knee towards right (facing 9.00)
7-8 Make ¼ turn left stepping left slightly forward, make ½ turn left stepping right foot back. (12.00)

(9-16) - Coaster step, toe hook step, step ½ turn, triple step ½ turn

1&2 Step left foot back, close right to left, step forward left
3&4 Touch right toe forward, hook in front of left, step right foot forward
5-6 Step left forward, make ½ turn right
7&8 Triple step ½ turn right, stepping left, right, left (12.00)

(17-24) - Rock back, rock forward, sailor ¼ turn left, Rock step coaster cross

1-2 Facing 2 o'clock rock back right, recover weight on left
3-4 Facing 2 o'clock rock forward right, recover weight on left
5&6 Step right behind left, make a ¼ turn left step forward, step right foot forward
7-8 Rock left foot forward, recover weight back on right (9.00)

(25-32) - Coaster cross, Monterey turn, touch ball cross, side, kick

1&2 Step left back, step right beside left, cross left over right
3-4-5 Touch right to right, make ½ turn right, touch left to left side
&6-7 Step left beside right, cross right over left, step left to left side
8 Kick right foot forward (3.00)

(33-40) – (&) Side touch left & right Hold ball cross, ¼ step ¼ cross

&1 Step right beside left, touch left-to-left side
&2 Step left beside right, touch right to right side
3 Hold
&4 Step right beside left, cross left over right
5-6 Step right foot ¼ turn right, step forward left make further ¼ turn left, cross left over right (9.00)

(41-48) - Rock step, behind side cross, rock step, behind side cross

1-2 Rock right to right side, recover weight on to left
3&4 Step right behind left, step left-to-left side, cross right over left
5-6 Rock left to left side, recover weight on to right
7&8 Step left behind right, step right-to-right side, Step left foot forward

RESTART HERE FOR THE FIRST 2 WALLS ONLY

(49-56) - Forward rock back rock, full turn

1-2 Rock right forward, recover weight back on left
3-4 Rock right back, recover weight on left
5-6 Make full turn left stepping right left
7-8 Rock forward right, recover weight on left

(57-64) – (&) cross touch tap, & cross touch tap, ball cross, back pose touch

- &1-2 Step right back touch left toe across right tap left heel, tap left heel again
- &3-4 Step left back touch right toe across left tap right heel, tap right heel again
- &5-6 Step right back, cross left over right, step right foot back
- 7-8 Angle body to left diagonal step left directly back, touch right toe forward

Optional On pose 7-8 only count 7 put left hand on left hip, on count 8 put right hand behind back of head do this with attitude!

Begin again.
