

Dhoom (With A Bhangra Groove)

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Kumari Tugnait (UK) - September 2007
音樂: Dhoom Dhoom - Tata Young : (Album: Dhoom, Bollywood movie soundtrack)



Start after the rap section.

RIGHT SIDE STEP, HOLD, BALL CROSS, HOLD, LEFT SIDE STEP HOLD, BALL CROSS, HOLD

- 1 - 2 Step right foot to right side, hold
- & 3 - 4 Step left in place, cross step right over left, hold
- 5 - 6 Step left foot to left side, hold
- & 7 - 8 Step right in place, cross step left over right, hold

(Optional styling:

- 3 - 4 Turn head to left and nod twice
- 7 - 8 Turn head to right and nod twice)

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, CROSS UNWIND ½ TURN LEFT

- 1 & 2 Rock right to right side, recover on left, step right beside left
- 3 & 4 Rock left to left side, recover on right, step left beside right
- 5 - 8 Cross right over left and unwind ½ turn left (6 o'clock, weight ends on left foot)

(Optional Bhangra styling:

- 5 - 8 Extend arms up with palms open and bounce shoulders up & down as you unwind)

REPEAT ABOVE 16 COUNTS (to 12 o'clock)

RIGHT CROSS & HEEL, BALL CROSS & HEEL, BALL CROSS ¼ TURN RIGHT, RIGHTCOASTER STEP

- 1 & 2 Cross step right over left, step back small step on left, touch right heel forward
- & 3 & 4 Step right in place, cross step left over right, step back small step on right, touch left heel forward
- & 5 - 6 Step left in place, cross step right over left, step back left making ¼ turn right (3 o'clock)
- 7 & 8 Step back on right, step left next to right, step forward on right

LEFT CROSS, HOLD, RIGHT CROSS HOLD, ¾ PADDLE TURN RIGHT

- 1 - 2 Cross step left over right, hold (travelling forward)
- 3 - 4 Cross step right over left, hold (travelling forward)
- 5 & 6 & Make ¼ turn right touching left toe to left side, hitch left leg, make ¼ turn right touching left toe to left side, hitch left leg
- 7 & 8 Make ¼ turn right touching left toe to left side, hitch left leg, step left to left side (12 o'clock)

RIGHT CROSS, HOLD, LEFT CROSS, HOLD, RIGHT ROCKING CHAIR X 2

- 1 - 2 Cross step right over left, hold (travelling forward)
- 3 - 4 Cross step left over right, hold (travelling forward)
- 5 & 6 & Rock forward on right, recover on left, rock back on right, recover on left
- 7 & 8 Rock forward on right, recover on left, step back on right

(Optional Bhangra styling: 5 - 8 Extend arms up with palms open and bounce shoulders up & down)

LEFT CROSS, HOLD, RIGHT CROSS, HOLD, LEFT ROCKING CHAIR, LEFT ROCK RECOVER ¼ TURN LEFT

- 1 - 2 Cross step left over right, hold (travelling forward)
- 3 - 4 Cross step right over left, hold (travelling forward)
- 5 & 6 & Rock forward on left, recover on right, rock back on left, recover on right
- 7 & 8 Rock forward on left, recover on right, make ¼ turn left stepping forward on left (9 o'clock)

(Optional Bhangra styling: 5 - 8 Extend arms up with palms open and bounce shoulders up & down)

REPEAT LAST 16 COUNTS (to 6 o'clock)

RIGHT DIAGONAL STEP LOCK, STEP LOCK STEP, LEFT DIAGONAL STEP LOCK, STEP LOCK STEP

- 1 – 2 Step forward right to right diagonal, lock step left behind right
- 3 & 4 Step forward right to right diagonal, lock step left behind right, step forward right to right diagonal
- 5 – 6 Step forward left to left diagonal, lock step right behind left
- 7 & 8 Step forward left to left diagonal, lock step right behind left, step forward left to left diagonal

RIGHT SIDE STEP, TOUCH LEFT TOE, LEFT SIDE STEP, TOUCH RIGHT TOE, RIGHT SIDE SHUFFLE, ¼ TURN SIDE SHUFFLE LEFT

- 1 – 2 Step right to right side, touch left toe to left side (bend knees on step, up on toe touch)
- 3 – 4 Step left to left side, touch right toe to right side (bend knees on step, up on toe touch)
- 5 & 6 Step right to right side, close step left beside right, step right to right side
- 7 & 8 Make ¼ turn left stepping left to left side, close step right beside left, step left to left side

REPEAT LAST 16 COUNTS (to 12 o'clock)

Begin again.

Tag – danced once after 2nd repetition, facing 12 o'clock

EXTENDED RIGHT CROSS SHUFFLE TO LEFT DIAGONAL, EXTENDED LEFT CROSS SHUFFLE TO RIGHT DIAGONAL

- 1 & 2 & 3 & 4 Cross step right over left, close step left beside right, cross step right over left, close left beside right, cross step right over left, step left beside right, cross step right over left
- 5 & 6 & 7 & 8 Cross step left over right, close step right beside left, cross step left over right, close right beside left, cross step left over right, step right beside left, cross step left over right

(Optional Bhangra styling:

- 1 – 4 Extend right arm up and forwards and left arm back and down and move shoulders up & down
- 5 – 8 Extend left arm up and forwards and right arm back and down and move shoulders up & down)

DIAGONAL STEP BACK RIGHT, HOLD, DIAGONAL STEP BACK LEFT, HOLD, STEP BACK, HITCH X 4

- 1- 2 Step right foot back on right diagonal, hold
- 3 – 4 Step left foot back on left diagonal, hold
- 5 & 6 & Step back right, hitch left leg, step back left, hitch right leg
- 7 & 8 & Step back right, hitch left leg, step back left, hitch right leg

(Optional Bhangra styling:

- 5 – 8 & Raise arms up with palms open and facing out and move shoulders up & down)

Step right foot slightly apart from left and hold for 8 counts with head down and arms held down and slightly out with fists clenched, shift weight onto left foot on count 8. Then dance the first 16 counts 4 times and continue to end of track, finish facing 6 o'clock
