Am I Crazy?

拍數: 32

級數: Intermediate

編舞者: Liliana Jüriso (EST) - October 2007

音樂: Diraz Que Estoy Loco - Miguel Angel Munoz

Start the dance right after the first lyrics end (on the 16th sec.)

SWEEP BACK, STEP-LOCK-STEP, ¼ TURN WITH STEPING, HOLD, SAILOR STEP ½ TURN, KICK BALL CROSS

- 1 L toe circul move front to back
- 2&3 L step back, R lock over L, L step back
- 4 1/4 turn right with stepping R to the right side
- 5&6 L sailor step with 1/2 turn to the left side
- R kick diagonally forward, step R beside L, L cross over R 7&8

FULL UNWIND TURN, 2x KICK BALL STEP, STEP, ½ PIVOT

- full turn to the right side 1-2
- 3&4 R kick diagonally forward, step R beside L, L step to left side
- 5&6 R kick diagonally forward, step R beside L, L step to left side
- 7 step R forward
- 8 1/2 pivot turn left (end weight on R)

THREEX ROCK, STEP BACK, 3x ROCK, TOUCH

- 1& rock to left onto L, rock back of R (R keep in place)
- 2& rock back onto L, rock back of R, (R keep in place)
- 3& rock to left onto L, rock back of R (R keep in place)
- 4 step back onto L
- 5& rock to right onto R, rock back of L (L keep in place)
- 6& rock back onto R, rock back of L, (L keep in place)
- 7& rock to right onto R, rock back of L (L keep in place)
- 8 R touch next to L,

TWOx STEP-LOCK-STEP, CROSS STEP, HOLD, UNWIND ¾ TURN LEFT

- 1-2& R step forward, L lock over R, R step forward (move diagonally forward)
- 3&4 L step forward, R lock over L, L step forward(move diagonally forward)
- 5 Cross R over L
- 6 hold
- 7-8 ³/₄ unwind turn (end weight on the R)

Begin again

TAG: After The 8th and 9th walls dance tag description.

JUMP FEET APART, JUMP FEET CROSS, ½ UNWIND TURN LEFT, RIGHT KNEE TURNS 4x

- 1 jump both feet apart (weight on both feet)
- 2 jump R foot over L
- 3-4 ¹/₂ unwind turn to left (end weight on the L)
- 5-6-7-8 R knee turns L-R-L-R (R hand with shoulder moves up L-R-L-R)

RIGHT FLICK, CROSS SCAFF, CROSS HITCH, CROSS STOMP, FULL UNWIND TURN LEFT, KICK FORWARD, STEP BACK

- 1 R flick to right side,
- 2 R cross scuff over L
- 3 R cross hitch over L,





牆數:2

4	R cross stomp over L
5-6	Full unwind turn to the left
7	R kick diagonally forward
8	R step back