

She's a Lady

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kim Ray (UK) - October 2007
音樂: She's A Lady (Radio Edit) - Funkstar DeLuxe & Tom Jones



Intro: 24 Counts.

CROSS ROCK/RECOVER, CHASSIS RIGHT, CROSS ROCK/RECOVER CHASSIS LEFT WITH ¼ TURN LEFT

1-2 Cross rock right over left, recover back on left
3&4 Step right to right side, close left next to right, step right to right side
5-6 Cross rock left over right, recover back on right
7&8 Step left to left side, close right next to left, ¼ turn left stepping forward on left

FULL TURN LEFT, ¼ TURN LEFT STEP SIDE, HOLD, BALL CROSS, SIDE, WEAVE

9-10 ½ left stepping back on right, ½ turn left stepping forward on left
11-12 ¼ turn left stepping right to right side (facing back), hold
&13-14 Small step back on left, cross right over left, step left to left side
15&16 Cross right behind left, step left to left side, cross right over left

SIDE ROCK/RECOVER, COASTER STEP, WALKS FORWARD, KICK-BALL STEP

17-18 Rock left to left side, recover on right
19&20 Step back on left, step back on right, step forward on left
21-22 Walk forward on right, walk forward on left
23&24 Kick right forward, step right in place, step left in place

ROCKING CHAIR, ½ PIVOT TURN, FULL TURN

25-26 Rock forward on right, recover back on left
27-28 Rock back on right, recover forward on left
29-30 Step forward on right, ½ pivot turn left
31-32 ½ turn left stepping back on right, ½ turn left stepping forward on left

SHUFFLE FORWARD, ½ PIVOT TURN, ¼ TURN & HIP SWAYS

33&34 Shuffle forward, right, left, right
35-36 Step forward left, ½ pivot turn right
37-38 ¼ turn right stepping left to left side and sway hips left, sway hips right
39-40 Sways hips left, sway hips right

CHASSIS LEFT, ¼ TURN CHASSIS, CROSS ROCK/RECOVER, STEP SIDE, CROSS STEP

41&42 Step left to left side, close step right next to left, step left to left side
43&44 ¼ turn right & step right to right side, close step left next to right, step right to right side
45-46 Cross rock left over right, recover back on right
47-48 Step left to left side & slightly back, cross right over left

MAKE ½ TURN, CROSS ROCK/RECOVER, ¼ TURN & SHUFFLE,, ½ PIVOT TURN

49-50 ¼ turn right stepping back on left, ¼ turn right stepping right to right side
51-52 Cross rock left over right, recover back on right
53&54 ¼ turn left & shuffle forward, left, right, left
55-56 Step forward on right, ½ pivot turn left

MAKE ½ TURN LEFT /STEP BACK/HOLD, & STEP BACK/HOLD, & ROCK/RECOVER, KICK-BALL STEP FORWARD

57-58 ½ left stepping back on right, hold

&59-60 Step left back next to right, step back on right, hold
&61-62 Step left back next to right, rock back on right, recover on left
63&64 Kick right forward, step down on right, step forward on left

Begin again.

Dance finishes on count 8 of section 3 - then step forward on right.
