

# Dance!

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Marie-Theres Dorner (AUT) - September 2007  
音樂: Everybody Dance - Lemon Ice



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## Rock Step together, Rock Step together, Kick ¼ turn R, Heel swivels

1&2      RF rock step fwd, step together  
3&4      LF rock step back, step together  
5&6      RF kick fwd. and turn ¼ right and hitch knee, step together  
7&8      Heel swivels L-R, back to the centre

## Slide Back, Run, Run, Run, Hold, Step, Point To The Side, Cross

1-2      RF slide back ( LF- Toes up ), hold  
3&4      LF walk back, RF walk back, LF walk back  
5-6      Rock weight to the RF, LF step fwd.  
7-8      RF point to the R side, Cross RF over LF

## Point, Cross , Point, Hitch, ¼ turn, Together, Hold, Rock Step, 3x Skates

1-2      LF Point to the L side, Cross  
3&4      RF point to the R side, turn ¼ to the R and hitch R knee, together, hold  
5&6      LF rock step to the L side, together (both hands push away from the floor)  
7&8&      RF Skate to the R, LF Skate to the L, RF Skate to the R, weight to LF

## Triple Step, Step fwd. , Hold, Bouncing Knees, Sweep ¼ Turn, Touch

1&2      RF triple step to the R side  
3-4      LF step fwd., hold  
5-6      2 X bouncing both knees  
7-8      RF sweep and make a ¼ turn to the L, touch RF next to LF

Begin again.

One Tag, after the 2nd Wall:

## Grapevine with ¼ Turn, Heel, Heel, Cross Undwind Full Turn

1-2      RF step to the side, LF cross behind RF  
3-4      RF ¼ turn R, LF together  
5&6&      R Heel fwd, step together, L Heel fwd, step together  
7&8      RF cross over LF, full turn over left shoulder

## Point, Point, Sailor Step, ¼ Turn, ¼ Turn

1-2      LF Point fwd., LF Point to the L side  
3&4      LF Sailor step with ¼ turn left  
5-6      RF step fwd, ¼ turn to the left side (weight on RF)  
7-8      LF step fwd, ¼ turn to the right side (weight on LF)

**DANCE AND FEEL IT!**

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