A Little Bit Of Boogie

級數: Beginner

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音樂: Blame It On the Boogie - The Jacksons

Start On Vocals

拍數: 32

WALK FORWARD, KICK, WALK BACK, TOUCH

- 1-2 Walk forward on right, walk forward on left
- 3-4 Walk forward on right, kick left forward
- 5-6 Step back on left, step back on right
- 7-8 Step back on left, touch right next to left

SIDE STEP, TOUCH BEHIND X 2 (WITH ARMS), GRAPEVINE RIGHT

- 9-10 Step right to right side, touch left toe behind right
- 11-12 Step left to left side, touch right toe behind left

(Optional arms: 9-10 Swing both arms up and over to left (anticlockwise) as you side step to right bring them down and out to the side right as you touch left behind. Reverse this action on counts 11-12).

- 13-14 Step right to right side, cross left behind right
- 15-16 Step right to right side, touch left next to right.

- 9-11 Step left to left side touch right toe behind left
- 11-13 Step right to right side, touch left toe behind right

(Optional arms: 9-11 Swing both arms up and over to right (clockwise) as you side step to left, bring them down and out to the side left as you touch left behind. Reverse this action on counts 11-13)

- 13-14 Step left to left side, cross right behind left
- 15-16 ¹⁄₄ turn left stepping forward on left, point right toe to right side.

JAZZ BOX, 1/2 PIVOT TURN, KICK BALL STEP

- 25-26 Cross step right over left, step back on left
- 27-28 Step right to right side, step forward on left
- 29-30 Step forward on right, ¹/₂ pivot turn left (weight now on left)
- 31&32 Kick right forward, step down on right, step forward on left

Begin again





牆數: 4