

Shuffle and Skip

拍數: 32 牆數: 4 級數: Improver
編舞者: Phil Johnson (UK) - October 2007
音樂: Tonight's the Night - Ove Støylen : (CD: Dusty Boots)



Intro 16 counts (116bbm).

CHASSE RIGHT, ROCK BACK, RECOVER; CHASSE LEFT, ROCK BACK, RECOVER.

1&2 Step right to right side, step left beside right, step right to right side;
3-4 Rock back on left behind right, recover weight forward on right;
5&6 Step left to left side, step right beside left, step left to left side;
7-8 Rock back on right behind left, recover weight forward on left; (12 0'clock)

RIGHT AND LEFT SHUFFLES FORWARD, STEP FORWARD AND CLAP, STEP FORWARD X 2, FEET TOGETHER

9&10 Step forward on right, step left beside right, step forward on right;
11&12 Step forward on left, step right beside left, step forward on left;
13&14 Step forward on right, clap hands twice;
&15-16 Step on left beside right, step right forward, step left beside right (weight on left). (12 0'clock)

CAJUN SKIPS BACKWARDS, CHASSE RIGHT WITH ¼ TURN LEFT, ROCK BACK, RECOVER

&17&18 Hop back on left swinging right round and behind left, step back on right behind left, Hop back on right swinging left round and behind right, step back on left;
&19&20 Repeat steps &17&18;
21&22 Step right to right side step left beside right, step right to right side with ¼ turn left;
23-24 Rock back on left, recover weight forward on right. (9 0'clock)

LEFT SHUFFLE FORWARD, STEP FORWARD CLAP CLAP, PIVOT HALF LEFT CLAP CLAP, RIGHT HEEL DIG/HOOK/DIG

25&26 Step forward on left, step right beside left, step forward on left;
27&28 Step right forward, Clap Clap;
29&30 Pivot half turn left, Clap Clap; (weight on left)
31&32 Dig right heel forward, hook right leg in front of left knee, dig right heel forward; (3 0'clock)

FINISH FACING FRONT ON (COUNT 16) WHY NOT TRY

13-14 Rock forward on Right, recover back on left
15&16 Right coaster and right heel dig, splaying your hands out, palm down, on the last beat of the song for a bit of a flourish finish

Just to give it a nice Jig feeling why not do a slight hitch of the leg leading into each move

&1&2 Hitch right chasse right;
&3-4 Hitch left rock back left, recover;
5&6 Hitch left chasse left,
&7-8 Hitch right rock back on right, recover:
&9&10 Hitch right, right shuffle forward,
&11&12 Hitch left, left shuffle forward etc etc.

Have Fun