

Rhythm Is a Dancer

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Rhythm Is a Dancer - Snap!



Count in: 64 counts BPM 124

MAKE 1/4 TURN LEFT, LEFT SHUFFLE, PIVOT 1/2 TURN LEFT, SHUFFLE 1/4 TURN, STEP LEFT, STEP RIGHT,

1&2 Make 1/4 Turn Left Shuffling Forward Left, Right, Left,
3-4 Step Forward on Right, Pivot 1/2 Turn Left, (weight on left)
5&6 Step Forward on Right, Bring Left beside Right, Make a 1/4 Turn Left on Right,
7-8 Step Left Diagonally Left, Step Right Diagonally Right,

JAZZ BOX SIDE STEP, STEP FORWARD, FULL TURN HITCH RIGHT, SHUFFLE FORWARD

1-2 Cross Left Over Right, Step Back on Right,
3-4 Step Left To Left, Step Forward on Right,
5-6 Cross Left Over Right, Make a Full Turn Right Hitching Right in Front Of Left,
7&8 Shuffle Forward Right, Left, Right,

ROCK RECOVER, 1/2 TURN LEFT, SHUFFLE FORWARD, STEP RIGHT HOLD, & LOCK & LOCK,

1-2 Rock Forward on Left, Recover Weight on Right,
3&4 Make 1/2 Turn Left Shuffle Forward Left, Right, Left,
5-6 Step Forward On Right, Hold,
&7&8 Step Left Behind, Step Forward on Right, Step Left behind Right, Step Forward on Right, (6 o'clock)

PIVOT 1/2 TURN RIGHT, PIVOT 1/4 TURN RIGHT, HIP BUMPS FORWARD X 2

1-2 Step Forward on Left, Pivot 1/2 Turn Right, (Weight on Right)
3-4 Step Forward on Left, Make 1/4 Turn Right taking Weight on Right,
5&6 Hip Bumps Forward Left, Right, Left,
7&8 Hip Bumps Forward Right, Left, Right, (3 o'clock)

CROSS POINT, MONTEREY, TOUCH BACK, KICK & CROSS, POINT,

1-2 Cross Left Over Right, Point Right to Right Side,
3-4 (Monterey) Make 1/2 Turn Right Bringing Right beside Left, Pointing Left to Left Side,
5 Touch Left Slightly Behind Right,
6&7 Kick Left To Left Side, Bring Left beside Right, Cross Right over Left,
8 Point Left to Left Side, (9 o'clock)

BEHIND SIDE, CROSS SHUFFLE, POINT, TOUCH, KICK & CROSS

1-2 Step Left Behind Right, Step Right to Right,
3&4 (cross shuffle) Cross Left Over Right, Step Right To Right, Cross Left Over Right,
5-6 Point Right to Right Side, Touch Right Slightly Behind Left,
7&8 Kick Right to Right Side, Step Right beside Left, Cross Left over Right,

SIDE ROCK, CROSS SHUFFLE, ROCK FORWARD, RECOVER, 1/2 TURN SAILOR STEP

1-2 Step Right To Right Side, Recover Weight on Left,
3&4 (cross shuffle) Cross Right Over Left, Step Left To Left, Cross Right Over Left,
5-6 Rock Forward on Left, Recover Weight on Right,
7&8 Step Left Behind Right and Make 1/2 Turn Left, Step Right to Right Side, Step Left to Left Side, (3 o'clock)

ROCK FORWARD, RECOVER, AND HEEL HOLD, & HEEL HOLD, ROCK, RECOVER

- 1-2 Rock Forward on Right, Recover Weight on Left,
 - &3-4 Step Right Next to Left, Cross Left Heel over Right, Hold,
 - &5-6 Step Left Next to Right, Cross Right Heel over Left, Hold,
 - &7-8 Step Right Next to Left, Rock Forward on Left, Recover Weight on Right (3o'clock)
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