

Gimme More

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Joey Warren (USA) - October 2007
音樂: Gimme More - Britney Spears



Start the Dance 32 counts after the first 4 beats of the song

NO TAGS OR RESTARTS! HAVE FUN!!

R Step out, Step L to R, Step back and Touch, Step-Touch ¼ Turn, L Chase Turn

1 – 2 Step R out to R (angle body to R diagonal), Step L beside R (center body to front)
3 – 4 Step back on R dragging L foot back as you step back, Touch L to L side
&,5,6 Step L beside R, Touch R to R side, ¼ Turn R taking weight on R foot
7,&,8 Step forward on L, Pivot ½ R taking weight on L, ¼ turn R touch L to side

Shoulder Pops x2, Cross ¼ turn, Rock recover, Touch and Touch

1 – 2 Push L shoulder to L side, Push R shoulder to R side (weight on R)
&,3,4 Step back on L slightly, Cross R over, ¼ L stepping L foot forward
5,&,6 ¼ Turn L rocking out on R foot, Recover on L, Touch R toe forward
7 – 8 Step R foot next to L, Touch L toe back (dip body down as you touch on 6,8)

Walk x4, Out-Out with look, Look center, Hip Bumps x2

1 – 2 Step forward on L foot, Step forward on R foot
3 – 4 Step forward on L foot, Step forward on R foot
&,5,6 Step out on L foot, Step out on R foot/look to R side, Look back to center
7 – 8 Bump hips to R, Bump hips to L

Body Rolls x2, Rock-Recover-Step, Step ¼ Turn L, ½ Turn L with R touch

1 – 2 Roll butt back/up (start with knees bent and as you roll straighten them)
3 – 4 Body roll start at chest / finishing at hips (lean to L slightly when you roll)
5,&,6 Rock R foot behind the L, Recover to L, Step R to R side
7 – 8 ¼ Turn L Stepping forward on L foot, ½ Turn L on L foot-touch R toe beside L
