

No Doubt About It

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK)
音樂: Release (feat. Justin Timberlake) - Timbaland : (Album: Shock Value)



Starts on 35 seconds on word Release... After 8 quiet counts & 64 LOUD counts. (72)

Step, Coaster Step, 1/2 Pivot, 1/4, Rock & Side, 1/4.

- 1 Step back on Left.
- 2&3 Step back on Right, step Left next to Right, step forward on Right.
- 4-5 Pivot 1/2 turn to Left, make 1/4 turn to Left stepping Right to Right side.
- 6&7 Cross rock Left behind Right, recover on Right, step Left to Left side.
- 8 Make 1/4 turn to Right stepping Right to Right side.

Make 1/4 right, Sailor 1/2, Step, 1/2, 1/2, Step 1/2.

- 1 Make 1/4 turn to Right stepping Left to Left side.
- 2&3 Cross step Right behind Left, make 1/4 turn to Right stepping Left next to Right, 1/4 turn to Right stepping forward on Right.
- 4 Step forward on Left.
- 5-6 Make 1/2 turn to Left stepping back on Right, 1/2 turn to Left stepping forward Left.
- 7-8 Step forward on Right. Pivot 1/2 turn to Left.

Point, Sit, Step, Right Lock Step, Step 1/2 Pivot, 1/4.

- 1-2 Point Right to Right side & slightly forward, step Right behind Left as you sit back on Right. (Left knee popped forward)
- 3 Step forward on Left.
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right.
- 6-7 Step forward on Left, pivot 1/2 turn to Right.
- 8 Make 1/4 turn to Right stepping Left to Left side.

Jump/Kick, Behind, Side, Cross & Cross, Point, Cross, 1/4 Turn.

- 1 Jump on spot on Left as you kick Right out to Right side. (option: Just kick)
- 2-3 Cross step Right behind Left, step Left to Left side.
- 4&5 Cross step Right over Left, step Left to Left side, cross step Right over Left.
- 6-7 Point Left toe to Left side, cross step Left over Right.
- 6 Make 1/4 turn to Left stepping back on Right..

Begin again