

Circle Of Life

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Beginner
編舞者: Geoff Langford (UK) - September 2007
音樂: Circle of Life - Elton John : (Soundtracks - Disney - Lion King)



Note into the dance can start 28 sec in after the chanting, or 32 counts after the chanting on the lyrics.

RUMBA BOX TO LEFT GOING BACK, SIDE SHUFFLE LEFT, MAMBO ROCK

1 & 2 Step left to left side, step right next to left, step back left
3 & 4 step right to right side, step left beside right , step forward right
5 & 6 step left to left side, step right beside left, step left to left side
7 & 8 rock right behind left. recover on left, step right to right side

BEHIND SIDE CROSS, ROCK TURN STEP, LEFT SHUFFLE, STEP TURN STEP

1 & 2 step left behind right, step right to right side, cross left over right
3 & 4 rock right to right side, recover on left $\frac{1}{4}$ turn left, step forward right 9 o clock
5 & 6 step forward left, step right beside left, step forward left
7 & 8 step forward right, $\frac{1}{2}$ turn left, step forward right 3 o clock

LEFT SHUFFLE, MAMBO ROCK, STEP LOCK BACK, COASTER STEP

1 & 2 step left forward, step right beside left, step left forward
3 & 4 rock forward right, recover on left, step back right
5 & 6 step back left, lock right over left, step back left
7 & 8 step back right, step left beside right, step forward right

RIGHT TURN $\frac{1}{2}$ $\frac{1}{4}$ CROSS, MAMBO SIDE ROCKS RIGHT & LEFT, ROCK $\frac{1}{2}$ TURN STEP

1 & 2 $\frac{1}{2}$ turn right stepping back left, step $\frac{1}{4}$ turn right on right, cross left over right 12 o clock
3 & 4 rock right to right side, recover on left, step forward right
5 & 6 rock left to left side, recover on right, step forward left
7 & 8 rock forward on right, recover on left, $\frac{1}{2}$ turn right step forward right 6 o clock

Have fun. Geoff .
