

Down To Dublin

拍數: 32 牆數: 4 級數: Improver
編舞者: Sadiah Heggernes (NOR/UK) - July 2007
音樂: Roscarbury - Column Macoireachtaigh & The Irish Ceili Band : (CD: Celtic Pride)



Intro: 16 Counts (Drum intro: Approx. 8 secs. then start dance on accordions.

Section 1 - KICK BALL CHANGE (X 2) STOMPS, HEEL SPLITS

1&2 Kick right foot out, step right beside left, step left beside right
3 & 4 Kick right foot out, step right beside left, step left beside right
5 - 6 Stomp right foot forward, stomp left foot back,
7 & 8 Stomp right forward, swing both heels out, and back to center

Section 2 - KICK BALL CHANGE (X 2) STOMPS, HEEL SPLITS

1&2 Kick left foot out, step right beside left, step left beside right
3 & 4 Kick left foot out, step right beside left, step left beside right
5 - 6 Stomp left foot forward, stomp right foot back,
7 & 8 Stomp left forward, swing both heels out, and back to center

Section 3 - TOE TOUCH , CLAPS, STEP, TOE TOUCH, HEEL TOUCH

1&2 Touch right toes out to right side, clap twice
&3&4 Step right beside left, touch left toes to left side, clap twice
&5 Step left beside right, touch right toes behind left
&6 Step right beside left, touch left heel forward
&7 Step left beside right, touch right behind left,
&8 Step right beside left, touch left heel forward

Section 4 - STEP, PIVOT, SHUFFLE , ROCK, ROCK ¼ TURN, SHUFFLE

&1-2 Step left beside right, step forward on right, pivot ½ turn to left
3&4 Shuffle forward, stepping right, left, right
5& Rock forward on left, recover weight on right
6& Make ¼ turn right rocking back on left, recover weight on right
7&8 Shuffle forward stepping left, right left
