

# Stronger Faster

拍數: 32      牆數: 4      級數: Intermediate / Advanced  
編舞者: Christopher Petre (USA) - September 2007  
音樂: Stronger (feat. Daft Punk) - Kanye West : (CD: Graduation)



Special note: the intro is only 8 counts before the lyrics.

## [1-8] STEP, KNEE POP, AND POINT, ¼ L STEP, HITCH, TOUCH, ½ R TURN AND TOUCH

1                    Place R to right side (don't weight foot)  
**Hold left hand in front, palm down and R hand at side, palm down**  
&2                    "Pop" R knee & shoulder lifting R heel (R toe pushes into floor) & raising R shoulder up to ear  
                         then drop heel and shoulder but keep your weight on the left foot  
**As you pop knee push L palm down; R hand should lift as you raise R shoulder**  
&3                    Step R next to L, point L toe to left side  
4,5                    Turning ¼ left (9:00) step onto L, hitch R knee forward  
6&7                    Touch R toe back, keeping weight on L pivot ½ right (3:00), point R toe forward  
**Bend forward as you touch toe back extending arms bent at elbow...think "robot" (6), Drop arms and bend over at waist as you turn (&), rise up and extend arms (7)**  
&8                    Step R next to L, touch L toe back,  
**Bend deeply forward in a chopping motion as you touch toe back**

## [9-17] ½ L TURN, STEP PIVOT ¾ L, CHASSE, X ROCK & SIDE, FULL TURN SWEEP-OUT-OUT

1                    Turn ½ left (9:00) stepping onto L (remain bent over as you turn for count 1)  
2,3                    Step forward on R, pivot turn ¾ left (12:00) stepping onto L  
4&5                    Step R to right side, step together on L, step R to right side  
6&7                    Cross rock L over R, recover weight onto R, step L to left side  
8&1                    Keeping weight on left pivot one full turn left (12:00) sweep R around touching R toe next to L, step R out to right, step apart on L  
**Or simply leave out the turn and touch together (8) and then step out-out**

## [18-25] KNEE IN-OUT, ½ R STEP, POINT, ¼ R STEP, HITCH ½ R, BACK, COASTER STEP

&2                    Turn R knee in lifting heel, turn R knee out stepping R in place  
3,4                    Keeping weight on R pivot ½ right (6:00) stepping L to left side, cross point R toe over L  
**As you point bring left arm across chest and point with right hand to right (9:00)**  
5                    Turning ¼ right (9:00) step forward on R  
6&7                    Hitch L knee, keeping weight on R turn ½ right (3:00), step back on L  
**Push arms forward as you step back on count 7**  
8&1                    step back on R, step together on L, place R forward without weight

## [26-32] KNEES POP, BALL-BACK, POINT & POINT, QUARTER, HALF, BEGIN SAILOR

&2                    Lifting onto the balls of feet pop both knees forward shrugging shoulders, then drop heels and shoulders; your weight is on your left foot  
**Extend hands forward at waist level palms down; they'll raise up-down as you shrug your shoulders**  
&3                    Step together on R, turn ¼ left (12:00) stepping L to left side  
4&5                    Point R toe out to right side, hitch R knee, point R toe out to right side  
6,7                    Turning ¼ right (3:00) step forward on R, turning ½ right (9:00) step back on L  
8&                    Step R behind L, step L to left side (the end of this sailor is count 1 of the dance)

Repeat