

Going Home

拍數: 40 牆數: 4 級數: Intermediate
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音樂: Home - Chris Daughtry



Start 16 counts from start of music

- 1-8 SIDE, BACK, CROSS UNWIND, SIDE, ROCK, ½ TURN, BASIC, ¼ TURN BASIC
1,2& Step left foot to left side, step right foot behind left, cross left foot over right
3,4& Unwind a full turn right, rock right foot to right side, recover weight onto left foot
5,6& Pivot ½ turn right and step right foot to right side, step left foot behind right foot, cross right foot in front of left
7, 8& Make a ¼ turn right and step back on left foot, step right foot to right side, cross left foot over right
- 9-16 BASIC CROSS ROCK, ¼ SWEEP ROCK ½, STEP PIVOT ½ STEPLOCKSTEP, PREP
1, 2& Step right foot to right side, cross rock left foot over right, recover weight onto right
3, 4& Make a ¼ turn left stepping forward on left foot and sweeping right foot forward, rock forward on right foot, rock back on left
5,6& Make a 1/2 turn right and step forward on right foot, step forward on left foot, pivot ½ turn right
7&8& Step forward on left foot, lock right foot behind left foot, step forward on left foot, step right foot in front and slightly across left foot
- 17-25 UNWIND SWEEP, BEHIND SIDE CROSS, STEP LOCK STEP, ROCK & 1/4 CROSS AND ½
1,2&3 Unwind a ¾ turn left and sweep left leg out, cross left foot behind right, step right to right side, cross left foot in front of right
4&5 Step forward on right foot, lock left foot behind right, step forward on right foot
6&7 Rock forward on left, recover weight onto right, make a ¼ turn left and step left foot to left side
8&1 Cross right foot over left, make a ¼ turn right and step back on left foot, make a ¼ turn right and step right foot to right side
- 26-32 BACK CROSS, ¼ PRESS & SWEEP ¼, BEHINDSIDE ¼, BACK ½, ¼ SWEEP
2&3 Step left foot behind right foot, cross right foot over left foot, make a ¼ turn left and step forward on right foot
4&5 Press forward onto right foot, recover weight onto left, sweep and pivot ¼ turn right
6&7 Cross right foot behind left foot, make a ¼ turn left and step forward on left foot, step forward on right foot
8& Step back on left foot, make a ½ turn right and step forward on right foot
- 33-40 SWEEP ¼, CROSSSIDE BEHIND, BEHIND ¼, ¼ SIDE ROCK, FULLTURN, SIDE ROCK
CROSS, ¼, ¼ CROSS
1, 2&3 Make a ¼ turn right sweeping left leg forward, cross left over right, step right foot to right side, cross left behind right
4&5 Cross right foot behind left foot, make a ¼ turn left and step forward on right, make a ¼ turn left and rock right foot to right side
6&7 Make a full turn right taking weight onto left foot, step right foot down, rock left foot to left side
8&8 Recover weight onto right foot, cross left foot over right foot, make a ¼ turn left and step back on right foot, make a ¼ turn left and step left foot to left side to start the dance again.

RESTART: On the 3 rd wall on counts 15&16& you will change it slightly as follows:

15&16& Step forward on left foot, lock right foot behind left, step forward on left foot, make a ½ turn left and step back on right foot.

You will then restart the dance again stepping left foot to left side.
