

Wild Ponies

拍數: 72 牆數: 2 級數: Intermediate Waltz
編舞者: Ami Walker (UK) - September 2007
音樂: Wild Ponies - Kellie Pickler : (Album: Small Town Girl)



Intro : 24 counts

- 1-12 TWINKLE, ½ TWINKLE, ½ TURN, CROSS ROCK, SIDE
1-3 Cross left foot over right, step right foot to right side, step left next to right
4-6 Cross right foot over left, make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side.
7-9 Step forward on left making ½ turn left on ball of left foot
10-12 Cross right foot over left, recover weight back on to left, step right foot slightly to right side.
- 13-24 DIAMOND BASIC
1-3 Make ¼ turn left stepping forward on left foot, step right next to left, step left in place
4-6 Make ¼ turn left stepping right foot back, step left next to right, step right foot in place
7-9 Make ¼ turn left stepping forward on left foot, step right next to left, step left in place
10-12 Make ¼ turn left stepping right foot back, step left next to right, step right foot in place
- 25-36 TWINKLE, CROSS, ¼, SIDE, CROSS, UNWIND SWEEP, BEHIND SIDE ROCK.
1-3 Cross left foot over right, step right foot to right side, step left next to right
4-6 Cross right foot over left, make ¼ right stepping back on left foot, step right foot to right side.
7-9 Cross left foot over right, unwind a full turn over right shoulder, sweep right foot to right side
10-12 Step right foot behind left, step left to left side, recover onto right
- 37-48 FORWARD DIAGONAL BASIC, BACK, ½, STEP, STEP 3/8 SWEEP, ¾ TWINKLE
1-3 Step diagonally forward on left foot, step right next to left, step right in place
4-6 Step back on right foot, make ½ turn left stepping left foot forward, step forward right (end facing 9.00 wall right diagonal)
7-9 Step left forward, make 3/8 turn left on ball of left foot sweeping right foot.
10-12 Cross right over left, make ¼ turn right stepping left foot back, make ½ turn right stepping right foot forward.

Restart comes here during wall 5.

- 49-60 ½ BASIC, ½ BASIC, ½ BASIC, BACK BASIC
1-3 Step forward left foot, make ½ turn left on ball of left foot stepping right next to left, step left in place
4-6 Step forward right, make ½ turn right on ball of right foot stepping left next to right, step right in place
7-9 Step forward left foot, make ½ turn left on ball of left foot stepping right next to left, step left in place
10-12 Step right foot back, step left next to right, step right in place
- 61-72 STEP, ¼ SIDE ROCK, RECOVER, WEAVE, SLIDE, ROLLING VINE
1-3 Step forward left foot, make ¼ turn left stepping right foot to side, recover weight onto left
4-6 Cross right over left, step left foot to left side, step right behind left
7-9 Step left foot long step to left, point right toe to right side and look to left
10-12 Make ¼ turn right stepping right foot forward, make ½ turn right stepping left foot back, make ¼ turn right stepping right foot to side

RESTART: On 5th wall Do routine to count 48 then hold for three counts, squaring up to 12.00 wall to restart.
