

What's Left Of Me

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Josie Lim (MY) - September 2007
音樂: What's Left of Me - Nick Lachey



Intro : 16 counts

Sequence: #30, 32, ###, #30, 32, 32, 32, 32, 26 You will end facing 12:00

R FWD, BRUSH FWD L, BRUSH BACK L, ½ L TURN-HOOK, CROSS STEP, SIDE ROCK, WEAVE

1, 2, 3 Step fwd on R, brush fwd L, brush L back
4 Turn ½ L on heel of R – hitch and hook slightly L over R shin 6:00
5 Step L across R
6& R side rock, recover on L
7&8 Step R behind L, step L to L, cross R over L

Restart here during the 3rd Wall: Add "&" step L to R (you will be facing 12:00)

BALL CROSS, LONG L TO L, BALL CROSS, LONG R TO R, CLOSE, POINT R, CROSS R OVER L, UNWIND ¾ L, SWEEP L

&1, 2 Step ball of L to side L, Cross R over L, take a long step L to L
&3, 4 Slide R to L, cross L over R, take a long step R to R
&5 Close L to R, Point R toe to R,
6 Cross R over L
7, 8 Unwind ¾ L (wt. end on R), sweep L from front to behind R (no wt.) 9:00

STEP L BEHIND, ¼ R, L ANCHOR STEP, PRISSY WALK FWD, STEP, PIVOT ½ L, STEP FWD

1, 2 Step on L behind R, turn ¼ R step fwd R 12:00
3&4 Step ball of L behind R heel, step R in place, step L back
5, 6 Prissy walk fwd on R, L
7&8 Step fwd on R, pivot ½ L, step fwd on R 6:00

SWAY L-R, FWD SHUFFLE, ¼ L SWAY R-L, BACK ROCK, RECOVER

1, 2 Sway L on L, sway R
3&4 Shuffle fwd on L-R-L
5, 6 Turn ¼ L on ball of L – Sway R, sway L 3:00
Restart here during 1st and 4th Wall (both facing 3:00)
7, 8 R back rock, recover onto L