

Sweet Bad Girl

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Henny Nielsen (DK) & Malene Clausen (DK) - September 2007
音樂: The Sweet Escape - Gwen Stefani



Note: This dance is dedicated to Jette Bønnelykke, Wild Boots

Intro : 32 counts

- 1-8 Right Toe Strut, Cross Toe Strut, Rock Recover, Cross Shuffle
1-2 Touch Right toe to Right side, Step onto Right,
3-4 Touch Left toe across Left, and step onto Left (12:00)
5-6 Rock Right foot to Right side, Recover weight onto Left,
7&8 Cross Right over Left, Step Left to left side, Cross Right over left
- 9-16 Toe Strut Left, Cross Toe Strut, Rock Recover, Cross Shuffle
1-2 Touch Left toe to Left side, Step onto Left,
3-4 Touch Right toe across Right, and step onto Right
5-6 Rock Left foot to Left side, Recover weight onto Right,
7&8 Cross Left over Right, Step Right to side, Cross Left over Right
- 17-24 ½ Monterey turn, ¼ Right Heel Grind, Right Coaster Step
1 Touch Right toe to Right side
2 With weight on Left make ½ turn Right and step Right beside Left (6:00)
3-4 Touch Left toe to Left side, Step Left beside Left
5-6 Touch Right heel forward grind heel ¼ turn right. Step back onto Left (9:00)
7&8 Step back Right. Step Left beside Right. Step forward Right.
- 25-32 Left Kick, Out – Out, Together, Jump In cross, Unwind ½ turn Left, Right Kick Ball Change
1 Kick left foot forward,
2-3 Step Left foot to left side, Step Right foot to right side
& Step Left foot together with Right foot
4 Jump Right foot in cross of Left foot
5-6 Unwind ½ over Left foot (weight on left) (3:00)
7&8 Kick right forward, Step right beside Left, Step Left beside Right
- 33-40 ½ Monterey turn, ¼ Right Heel Grind, Right Coaster
1 Touch Right toe to Right
2 With weight on Left make ½ turn Right and step Right beside Left (9:00)
3-4 Touch Left toe to left side, Step Left beside left
5-6 Touch Right heel forward grind heel ¼ turn right. Step back onto Left (12:00)
7&8 Step back Right. Step Left beside Right. Step forward Right.
- 41-48 Left Kick, Out – Out, Together, Jump In cross, Unwind ½ turn Left, Right Kick Ball Change
1 Kick left foot forward,
2-3 Step Left foot to left side, Step Right foot to right side
& Step Left foot together with Right foot
4 Jump Right foot in cross of Left foot
5-6 Unwind ½ over Left foot (weight on Left) (6:00)
7&8 Kick right forward, Step right beside Left, Step Left beside Right
- 49-56 Foot Boogies, Right Heel, Toe, Heel, Center, Left Toe, Heel, Toe, Center

- 1-2 Twist Right Heel to the Right, Twist Right Toe to the Right
- 3-4 Twist Right Heel to the Right, Twist Right Toe to Center
- 5-6 Twist Left Toe to the Right, Twist Left Heel to the Right
- 7-8 Twist Left Toe to the Right, Twist Left Heel to Center

- 57-64 Hip Bumps x2 Right, x2 Left, Jazz Box ¼ turn Right
- 1-2 Push Right Hip to Right, Twice
- 3-4 Push Left Hip to Left, Twice
- 5-6 Cross Right foot over Left, Step back Left,
- 7-8 ¼ turn right stepping Right to Right side. Step Left beside Right (keep weight on Left) (9:00)

Start again!! - Enjoy the dance!
