

Spoken Like A Man

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Tina Lincoln (UK) - August 2007
音樂: Spoken Like a Man - Blaine Larsen : (CD: Rocking You Tonight)



or Faster Than An Angel by Big & Rich

Right cross rock, Chasse right, Left cross rock, ¼ sailor left

- 1,2 Cross rock right foot over left, rock back onto left foot
3 & 4 Step right foot to right, step left next to right, step right foot to right
5,6 Cross rock left foot over right, rock back onto right foot
7 & 8 Step left foot ¼ turn left, step right foot beside left, step left foot beside right

Skate right, skate left, switch steps, right rock step, coaster step

- 9,10 Skate right foot forward, skate left foot forward
11 & 12 Touch right heel forward, right foot back in place, touch left heel forward
&13, 14 Step left foot back in place, rock forward onto right foot, rock back onto left
15 & 16 Step back on right foot, step left beside right, step right foot forward

Rock forward, rock back, shuffle ½ turn left, rock and cross x 2

- 17,18 Left foot rock forward, rock back onto right foot
19 & 20 Shuffle ½ turn left on left, right, left
21 & 22 Rock right foot to side, rock back onto left, cross step right over left
23 & 24 Rock left foot to the side, rock back onto right, cross step left over right

Right behind, ¼ chasse right, step pivot, ½ turn shuffle

- 25, 26 Step right foot to right side, step left foot behind right foot
27 & 28 Step right foot to right, step left foot beside right, step right foot ¼ turn right
29, 30 Step left foot forward, pivot ½ turn right
31 & 32 Shuffle ½ turn left on left, right, left.

Keep smiling
