

So Much For You

拍數: 48 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) - September 2007
音樂: So Much for You - Ashley Tisdale



- 1-8 WALK, WALK, FWD ¼ TURN JUMP, JUMP TOUCH AND TOUCH, TOUCH, HOLD
1-2 Rf walk forward, Lf walk forward
3&4 ¼ turn left Rf step right, Rf+Lf Together 2x jump to the right (9:00)
5&6 Rf touch to the right, center, Lf touch to the left
7-8 Center, Rf touch to the right, hold (9:00)
- 9-16 SAILOR CROSS, FULL SWEEP TURN, SAILOR KICK, CROSS, FULL TURN
1&2 Rf step behind Lf, Lf step to the left, Rf step across Lf weight onto both feet
3-4 Rf+Lf make a full turn left, and sweep Lf from front to back (9:00)
5&6 Lf cross behind Rf, Rf step to the right, Lf kick diagonally to the left (10:30)
&7-8 Lf step back in center, Rf step across Lf, Full turn left, take weight on Rf (9:00)
- 17-24 SIDE, HITCH, 2x SAILOR STEP
1-4 Lf step to the left, Rf drag, Rf hitch weight on Lf
5&6 Rf step behind Lf, Lf step to left, Rf step to the right (9:00)
7&8 Lf step behind Rf, Rf step to the right, Lf step to the left (9:00)
- 25-32 ¼ TURN, BACK ROCKING CHAIR, ½ TURN, ½ TURN, 2x STEP BACK, TOUCH
1&2 ¼ turn right, Rf rock back, Lf recover Rf step forward, weight onto Rf (12:00)
3-4 ½ turn left, weight onto Lf (6:00)
5-6 ½ turn left, Lf step back (12:00)
7-8 Rf step back, Lf touch next to Rf (12:00)
- 33-40 HEEL SPLIT, AND CROSS, SIDE AND KICK, AND CROSS, KICK AND CROSS, ¾ TURN
&1&2 Rf step diagonally back, Lf touch heel fwd Lf back in center, Rf step across Lf
&3&4 Lf step to the left, Rf kick diagonally fwd Rf back in center, Lf step across Rf (12:00)
&5&6 Rf step to the right, Lf kick fwd, Lf back in center, Rf across Lf
7-8 Rf+Lf, ¾ turn left, take weight onto Lf (3:00)
- 41-48 HEEL SPLIT, AND CROSS, SIDE AND KICK, AND CROSS, KICK AND CROSS, ½ TURN
&1&2 Rf step diagonally back, Lf touch heel fwd Lf back in center, Rf step across Lf
&3&4 Lf step to the left, Rf kick diagonally fwd Rf back in center, Lf step across Rf (3:00)
&5&6 Rf step to the right, Lf kick fwd, Lf back in center, Rf across Lf
7-8 Rf+Lf, ½ turn left, take weight onto Lf (9:00)

Start again