

Papa Noah

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sebastiaan Holtland (NL) - September 2007
音樂: Papa Noah - Seeed



Intro :16 count when the beat starts

BRUSH AND SIDE TOE, KNEE POP IN, CENTER TOGETHER, TOUCH AND TOUCH, AND TOUCH, HOLD

1-2 Rf brush forward, Rf step to the right on toe,
3&4 Rf knee pop in, Rf back in center on toe, Rf center, take weight onto Lf (12:00)
5&6 Rf touch to the right, Rf step next to Lf, Lf touch to the left
&7-8 Lf step next to Rf, Rf touch to the right, Hold (12:00)

SAILOR CROSS, ¾ TURN, STOMP, KICK AND TAP FWD, LOCK SHUFFLE FWD

9&10 Rf step behind Lf, Lf step to the left, Rf step across Lf weight onto both feet
11&12 Rf + Lf make a ¾ turn left, and stomp Lf forward (9:00)
13&14 Rf kick forward, Rf step back in center, Lf tap toe forward (9:00)
15&16 Lf step forward, Rf lock behind Lf, Lf step forward weight onto Lf (9:00)

STEP ½ PENCIL TURN, ¼ TURN STEP, HOLD, SYNCOPATED WEAVE

17-18 Rf step forward, ½ turn left, take weight onto Lf (3:00)
19-20 Rf step ¼ left, Hold, weight onto Rf (12:00)
&21&22 Hold, Lf step behind Rf, Rf step to the right, Lf step across Rf,
&23&24 Rf step to the right, Lf step behind Rf, Rf step to the right, Lf step across Rf (12:00)

KICK DIAGONALLY FWD x2, SAILOR CROSS, JUMP BOTH FEET APART WITH ½ TURN, HOLD JUMP BOTH FEET APART WITH ¼ TURN, HOLD

25-26 Rf kick 2x diagonally forward to 1:30 head facing 1:30
27&28 Rf step behind Lf, Lf step to the left, Rf step across Lf weight onto both feet (12:00)
&29-30 ½ turn left, Rf + Lf jump with both feet apart, Hold weight onto both feet (6:00)
&31-32 ¼ turn left, Rf + Lf jump with both feet apart, Hold, take weight on Lf (3:00)