

I'll Stay Me

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Al Vigus (UK) - August 2007
音樂: I'll Stay Me - Luke Bryan



Intro : 16 counts

Side Rock & Cross Behind x2, Side-Cross-Side, Back Rock & Step Left

- 1 & 2 Rock Right to right side, replace weight on Left, cross Right behind Left.
- 3 & 4 Rock Left to left side, replace weight on Right, cross Left behind Right.
- 5 & 6 Step Right to right side, cross Left over right, Step Right to right side.
- 7 & 8 Rock back on Left, replace weight forward on Right, step to left on Left. (12 o'clock).

Right Toe Touch Forward-Side, Right Sailor, Left Toe Touch Forward-Side, Left Sailor ¼ Turn Left

- 1 - 2 Touch Right toes forwards and across Left, Touch Right toes to right side.
- 3 & 4 Cross Right behind Left, step Left to left side, step Right to right side.
- 5 & 6 Touch Left toes forwards and across Right, Touch Left toes to left side.
- 7 & 8 Cross Left behind Right, step Right to right side, step Left to left side. (9 o'clock).

Syncopated Heel Strut Sailors (travelling forwards), Right Forward Lock Step, Step-Pivot ½ Turn Right-Step.

- 1 & Step Right heel forwards on right diagonal, step down on Right toes.
- 2 & Cross Left behind Right, step Right to right and slightly forward on right diagonal.
- 3 & Step Left heel forwards on left diagonal, step down on Left toes.
- 4 & Cross Right behind Left, step Left to left and slightly forward on left diagonal.
- 5 & 6 Step forwards on Right, lock Left behind Right, step forward on Right.
- 7 & 8 Step forward on Left, pivot ½ turn right, step forward on Left. (3 o'clock).

Full Turn, Left Forward Shuffle, ¼ Right turning Jazz Box, Left Cross Shuffle.

- 1 & 2 Step Right forward turn ½ turn left, step back on Left turn ½ turn left, step forward on Right.
- Option: to omit full turning counts 1 & 2 - substitute with right shuffle forwards.**
- 3 & 4 Step forward on Left, step Right next to Left, step forward on Left.
 - 5 & 6 Cross Right over Left, step back on Left, turn ¼ turn right stepping Right to right side.
 - 7 & 8 Cross Left over Right, step Right to right side, Cross Left over Right. (6 o'clock).
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