

Escape

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Bill Larson (AUS) - August 2007
音樂: The Sweet Escape - Gwen Stefani



SIDE ROCK CROSS SHUFFLE, TURN SHUFFLE, BACK ROCK

1-2 Rock left to side, recover onto right
3&4 Crossing shuffle stepping left, right, left
5-6 Shuffle back turning $\frac{1}{4}$ left stepping right, left, right (9:00)
7&8 Rock left back, recover onto right

SIDE ROCK CROSS SHUFFLE, TURN SHUFFLE, BACK ROCK

1&2 Rock left to side, recover onto right
3&4 Crossing shuffle stepping left, right, left
5-6 Shuffle backward turning $\frac{1}{4}$ left stepping right, left, right (9:00)
7&8 Step left back, recover onto right

CROSS ROCK, SHUFFLE LEFT, CROSS ROCK, SHUFFLE TURN

1-2 Cross/rock right over left, recover onto left
3&4 Shuffle to side right, left, right
5-6 Cross/rock left over right, recover onto right
7& Step left to side, step right together
8 Turn $\frac{1}{4}$ left and step left forward (12:00)

STEP ROCK, BALL STEP, TURN $\frac{1}{4}$, CROSS ROCK

1-2 Cross/rock right over left, recover onto left
& Step right together
3-4 Step left forward, turn $\frac{1}{2}$ right (weight to right, 6:00)
5-6 Step left forward, turn $\frac{1}{4}$ right (weight to right, 9:00)
7-8 Cross/rock left over right, recover onto right
