

Carry You Home

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Julie Murray (UK)
音樂: Carry You Home - James Blunt : (Album: All the lost souls)



Intro: 16 Counts

SECTION ONE: PRESS, BACK, SHUFFLE HALF TURN, PIVOT HALF TURN, TRIPLE FULL TURN

1, 2 Press right foot forward, recover weight on left
3&4 Shuffle a half turn right stepping right, left, right
5, 6 Step forward on left and pivot a half turn to right stepping onto the right foot.
7&8 Triple full turn to right on spot stepping left, right, left (alternative left shuffle forward)

SECTION TWO: CROSS, POINT, BEHIND SIDE CROSS, ROCK AND CROSS, BACK LOCK BACK

1, 2 Cross right over left, point left toe to left side
3&4 Cross left behind right, step right to right side and cross left over right
5&6 Rock right foot out to right side, recover weight on left and cross right over left
7&8 Step back on left foot, lock right foot in front of left, and step back on left

(restart here during 4th wall)

SECTION THREE: ROCK RECOVER HALF TURN, ROCK RECOVER STEP, RIGHT LOCK RIGHT, STEP (1/4) TURN CROSS

1&2 Rock back on right, recover weight on left, make a half turn to left stepping back on right
3&4 Rock back on left, recover weight on right, step forward on left
5&6 Step forward on right, lock left behind right, step forward on right
7&8 Step forward on left, pivot a quarter turn to right stepping onto right, cross left over right

SECTION FOUR: SWAY, SWAY, CHASSE RIGHT, ROCK (FWD) RECOVER, BEHIND SIDE CROSS

1, 2 Sway to right stepping on right, Sway to left stepping onto left
3&4 Chasse right stepping right, left, right
5, 6 Rock forwards onto left foot, recover weight back onto right
7&8 Step left behind right, step right to right side, cross left over right
