

# 17 In Abilene

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: Audrey Watson (SCO)  
音樂: 17 in Abilene - Katie Armiger : (CDs or iTunes)



Start Dance: 32 count intro: Bpm:140

## SECTION ONE: SIDE ROCK, BEHIND & CROSS, FWD ROCK, SHUFFLE BACK.

1-2            Rock left to l/side, recover weight on right.  
3&4           Step left behind right, step right to r/side, cross left over right.  
5-6           Rock fwd right, recover back on left.  
7&8           Shuffle back on right, left, right.

## SECTION TWO: SIDE TOG SHUFFLE FWD, STEP PIVOT 1/2 TURN, FWD SHUFFLE.

1-2            Step left to left side, close right next left.  
3&4           Shuffle fwd on left, right, left.  
5-6           Step fwd on right, pivot 1/2 turn left.  
7&8           Shuffle fwd on right, left, right.

## SECTION THREE: ROCKING CHAIR, 1/4 TURN CHASSE, BACK ROCK.

1-2            Rock fwd on left, recover back on right.  
3-4            Rock back on left, rock fwd on right.  
5&6           Turn 1/4 right stepping left to left side, close right next left, step left to left side.  
7-8            Rock back on right, recover fwd on left.

## Add the 4 Count tag on here on wall 3, restart the dance from the beginning CROSS 1/4 TURN, BACK, COASTER CROSS

1-2            Turn 1/4 left stepping back on right, step back on left.  
3&4            Step back on right, step left next right, cross right over left.

## SECTION FOUR: 1/2 TURN, CROSS SHUFFLE, SIDE ROCK, CROSS ROCK.

1-2            Turn 1/4 left stepping back on right, turn 1/4 left stepping left to left side.  
3&4            Cross right over left, step left to left side, cross right over left.  
5-6            Rock left to left side, recover weight on right.  
7-8            Cross rock left over right, recover weight on right.

## SECTION FIVE: SIDE ROCK, BEHIND & CROSS, 1/4 TURN BACK, COASTER STEP.

1-2            Rock left to left side, recover weight on right.  
3&4            Cross left behind right, step right to right side, cross left over right.  
5-6            Turn 1/4 left stepping back on right, step back on left.  
7&8            Step back on right, step left next right, step fwd on right.

## SECTION SIX: CROSS SIDE, SAILOR STEP, CROSS SIDE, SAILOR STEP.

1-2            Cross left over right, step right to right side.  
3&4            Cross left behind right, step right to right side, step left to left side.  
5-6            Cross right over left, step left to left side.  
7&8            Cross right behind left, step left to left side, step right to right side.

## SECTION SEVEN: DIAGONAL STEP LOCK, STEP LOCK STEP, 1/2 TURN, SHUFFLE.

1-2            Step left diagonally right, lock right behind left.  
3&4            Step left diagonally right, lock right behind left, step left fwd diagonally right.  
5-6            Step fwd on right, turn 1/2 left.  
7&8            Shuffle fwd on right, left, right.

**SECTION EIGHT: FWD ROCK COASTER CROSS, SIDE ROCK, BEHIND & CROSS**

- 1-2 Rock fwd on left, recover back on right, straightening up to back wall.
  - 3&4 Step back on left, step right next left, cross left over right.
  - 5-6 Rock right to right side, recover weight on left.
  - 7&8 Cross right behind left, step left to left side, cross right over left.
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