

Across The Sea (aka Sea Sick)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Unrated Beginner
編舞者: Jan Wyllie (AUS) & Bill Bader (CAN)
音樂: Sea of Heartbreak - Jimmy Buffett & George Strait



Start on the vocals.

1-2 Step R to right side, Kick L across R
3-4 Making ¼ turn left step L forward, Touch R toe beside L
&5 Step R to right side, Rock onto L
6 Touch R toe beside L
&7 Step R to right side, Rock onto L
8 Scuff R heel aiming across left

9&10 Cross/shuffle to left side on R,L,R
11-12 Step L to left side, Step R beside L turning 1/4 right
13&14 Shuffle forward L, R, L
15-16 Step R forward, Pivot Turn 1/2 left onto L

17&18 Shuffle forward on R-L-R
19&20 Shuffle forward turning 1/2 right on L-R-L
21-22 Step R back, Cross Step L over R
23-24 Step R to right side, Cross Step L behind R
& Step R to right side
25-26 Touch L heel forward to left diagonal twice (or touch once, hold)
&27-28 Step L beside R, Step R across L, Step L to left
29-30 Touch R heel forward to right diagonal twice (or touch once, hold)
&31-32 Step R beside L, Step L across R, Step R to right turning 1/4 left

33&34 Step back on L, Step R beside L, Step forward on L
35-36 Step forward on R, Pivot 1/2 left transferring weight to L
37&38 Shuffle forward R,L,R
39-40 Step forward on L, Pivot 1/4 right transferring weight to R

41&42 Touch L heel forward, Hitch L, Touch L heel forward
&43&44 Step back on L, Touch R heel fwd, Hitch R, Touch R heel forward
&45&46 Step back on R, Touch L heel fwd, Hitch L, Touch L heel forward
&47 Step back on L, Touch R toe back or beside L
48 Hold

49&50 Shuffle forward R,L,R
51&52, 53&54 Execute a full turn right on forward shuffles L-R-L, R-L-R
55-56 Rock Step L fwd, R back

57-58 Step L back diagonal, Light Stomp R beside L and clap
59-60 S tep R back diagonal, Light Stomp L beside R and clap
61 Step L back
62&63 Stomp up R beside L, Step ball of R beside L, Step L slightly fwd
64 Scuff R heel

End of pattern. Begin again?