

Vibeology

COPPERKNOB
STEPSHETS

拍數: 64 牆數: 4
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音樂: Vibeology - Paula Abdhul

級數: Intermediate



1&2,3,4 Lunge
R to R & Rock
center on L,
Cross R over L,
Twist ½ L (wt
L), Twist ½ R
(wt R) & Click
both hands
5&6,7,8 Lunge
L to L & Rock
center on R,
Cross L over R,
Twist ½ R (wt
R), Twist ½ L (wt
L) & Click
both hands

**9 ? 16 STEP
SIDE, DRAG,
COASTER
CROSS, STEP
SIDE, DRAG,
COASTER
CROSS**

1,2,3&4 Take a
large Step R to
R, Drag L
towards R, Step
back on L &
Step R beside
L, Cross L over
R

5,6,7&8 Take a
large Step R to
R, Drag L
towards R, Step
back on L &
Step R beside
L, Cross L over
R

**17 ? 24 STEP
FWD, TAP
BEHIND, LOCK
SHUFFLE
BACK, ½
SHUFFLE
TURN, STEP
CORNER L
THEN R**

1,2,3&4 Step
fwd R, Tap L
behind R, Lock
Shuffle back on
L Stepping
L,R,L
5&6,7,8 Turning
½ R Shuffle fwd
R, Step L out to
L corner (
Facing back
wall), Step R
out to R corner (
Facing back)

**25 ? 32 CROSS
BALL JACK,
CROSS BALL
JACK, BALL
CROSS, POINT
SIDE & POINT,
¼ MONTERAY**
1&2&3&4 Cross
L over R & Step
R to R, Touch L
heel fwd &
Stepping L
beside R cross
R over L,
Stepping L to L
touch R heel
fwd
&5,6&7&8
Stepping onto R
cross L over R,
Point R to R
side, Stepping
R beside L
Touch L toe to L
side, Stepping L
to center turn ¼
L & Point R toe
to R side (
3:00)

**33 ? 40 R
SAILOR STEP,
BEHIND, ¼ R ,
STEP FWD, ½
SWEEP,
BEHIND &
CROSS**
1&2,3,4 Cross
R behind L &
Rock L to L,
Rock center on
R, Cross L
behind R ,Turn
¼ R on R

5,6,7&8 Step
fwd L, Pivot $\frac{1}{2}$ R
Sweeping R
foot around,
Cross R behind
L & Step L to L,
Cross R over L
(12:00)

41 ? 48 SIDE
ROCK,
REPLACE,
SAILOR,
STOMP, HOLD,
 $\frac{1}{4}$ BOUNCE L,
 $\frac{1}{4}$ BOUNCE L
1,2,3&4 Side
Rock L to L,
Rock center on
R, Sailor L
5,6,7,8 Stomp R
fwd, Hold, Raise
heels & Drop
turning $\frac{1}{4}$ L,
Raise heels &
Drop turning $\frac{1}{4}$
L (End weight L
)

49 ? 56 HIPS
R,L,R, $\frac{1}{2}$
HINGE R, HIPS
L,R,L, HINGE $\frac{1}{2}$
R, HIPS R,L,R,
CROSS ROCK
& REPLACE,
STEP $\frac{1}{4}$ L
1&2,3&4 Push
Hips R,L,R &
Hinge $\frac{1}{2}$ R,
Push hips
L,R,L
5&6,7&8 Hinge
 $\frac{1}{2}$ R & Push
hips R,L,R,
Cross Rock L
over R &
Replace weight
on R, Step L to
L turning $\frac{1}{4}$
L(3:00)

57 ? 64

DAIGONAL
STEP, DRAG,
SIDE
SHUFFLE,
DIAGONAL
STEP, DRAG,
SIDE
SHUFFLE

1,2,3&4 Step

Diagonal fwd R

, Drag L

towards R, Side

Shuffle L

Stepping L,R,L

5,6,7&8 Step

Diagonal fwd R

, Drag L

towards R, Side

Shuffle L

Stepping L,R,L

64
