The Unbreakable Heart



編舞者: Brock Wasnaught

音樂: Breakable Heart - Jessica Andrews



1,2&3,4 Step R to R side, drag L to meet R and step on L, step R over L, 1/4 turn R and step back L, 1/4 turn R and step Side R 5&6&7,8 L sailor making a 1/4 turn L (turn on ?&? count), step R together, step L forward, 1/4 pivot Right (weight on R)

1&2,3&4 Cross L over R, step R to R side, rock/step L behind R, replace weight on R step L to L side, step R behind L 5,6,7&8 Make a 1/4 turn L and step forward on L, step forward R, make a 1/4 turn R and step L to L side, make a further ½ turn R, step R to R side, rock/step L over R.

1&2, 3&4 Replace weight on R, step L to L side, rock/step R over L, replace weight on L, step R to R side. rock/step L over R 5,6,7&8 Replace weight on R, make a 1/4 turn L, and step L forward, step R forward, ½ pivot L, step R forward

1,2,3&4 Step L to L side while swaying hips L, sway hips R, cross L over R, step back R, make a 1/4 turn L and step forward L 5&6,7,8 Rock/step forward on R, replace weight on L, make a 1/2 turn to R and step forward R, step L forward, ½ pivot R (weight on R) *** 3rd WALL **RESTART**

1,2&3,4 Rock/step L over R, replace weight on R, step L to L at 45degrees, step forward, R, ½ pivot L (weight on L) 5,6&7,8 Rock/step R over L, replace weight L, step R to R at 45degrees, step forward L, ½ pivot R (weight on R)

1&2,3&4 L forward coaster (facing R @45degrees), step back R making 1/8 turn L (to straighten up to front wall). step L beside R, step R forward 5,6,7&8 Rock/step L forward, replace weight on R, make a 1 1/2 turn L, stepping L,R,L (traveling backwards).

1,2,3&4 Rock/step R to R side, replace weight on L, step R behind L, step L to L side, cross R over L 5,6&7,8 Rock/step L to L side, replace weight on R making a ¼ turn L, make a 1/4 turn L and step L to L side, step forward R, step forward L

1&2,3,4 R back coaster, step forward L, ½ pivot R 5&6,7&8& Step L over R, rock/step R to R side, replace weight on L, step R over L, rock/step L to L side, replace weight on R, cross L over R

Restart dance from beginning

RESTART:

During 3rd wall, dance up to count 32 (***), and restart dance by adding the following ?&? count: Step together with L foot.