

Baby Shake That Ass

COPPER STEPSHEETS **KNOB**

拍數: 88 牆數: 2 級數: Intermediate/Advanced
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音樂: Push Up - Freestylers



Starts on Vocal.. 32 Counts.

Phrasing: A A A

B Tag A A B A

A B B

Part A:

Side, Behind & Walk, Walk, Step, Pivot 1/2 , Rock, Recover.

1-2& Step Left to Left side, step Right behind Left, step Left to Left side.
3-4 Walk Forward Right-Left.
5-6 Step Forward Right, pivot 1/2 turn to Left.
7-8 Rock to Right side on Right, recover on Left.

Behind, Side, Cross, Point & Heel & Cross, Rock, Recover.

1-2 Step Right behind Left, step Left to Left side.
3-4& Cross Right over Left, point Left toe to Left side, step Left next to Right.
5&6 Touch Right heel diagonally forward Right, step Right to Right side, cross Left over Right.
7-8 Rock to Right side on Right, recover on Left.

Behind, Unwind, Rock, Recover, Sailor 1/4 Turn, Kick & Point.

1-2 Touch Right behind Left, unwind full turn to Right taking weight onto Right.
3-4 Rock to Left side on Left. recover on Right.
5&6 Step Left behind Right, make 1/4 turn to Left stepping Right to Right side, step Left to Left side.
7&8 Kick Right toe Forward, step Right next to Left, point Left toe to Left side.

Sailor 1/4 Turn, Rock, Recover, 3x 1/2 Turn & Step.

1&2 Step Left behind Right, make 1/4 turn to Left stepping Right to Right side, step Left to Left side.
3-4 Rock Forward on Right, recover on Left.
5-6 Make 1/2 turn to Right stepping Forward on Right, 1/2 turn to Right stepping Back on Left.
7&8 Make 1/2 turn to Right stepping Forward on Right, step Left next to Right, step Forward on Right.

Part B:

Rock, Kick, Sailor Step, Behind, Unwind, Cross & Heel.

1-2 Rock to Left side on Left (bending Left knee & going down slightly), As you straighten up kick Right to Right Forward diagonal.
3&4 Step Right behind Left, step Left to Left side, step Right to Right side.
5-6 Touch Left behind Right, unwind 1/2 turn to Left taking weight on Left.
7&8 Cross Right over Left, step Left to Left side, touch Right heel forward diagonal Right.

& Step Pivot 1/2, 1/2 Turn, Hitch, Hip Bumps.

&1-2 Step Right next to Left, step Forward on Left, pivot 1/2 turn to Right.
3-4 Make 1/2 turn to Right stepping Back on Left, hitch Right knee across Left.
5-6 Step Right to Right side bumping hips Right, bump hips Left.
7&8 Bump hips Right-Left-Right.

& Cross Rock, Recover, Chasse Right, Cross, Unwind, Hip Bumps.

&1-2 Step Left to Left side, cross rock Right across Left, recover on Left.

- 3&4 Step Right to Right side, step Left next to Right, step Right to Right side.
5-6 Cross Left over Right, unwind 1/2 turn to Right.
7&8 Bump hips Left-Right-Left-Right. (Slower option- 7-8 Bump hips Left-Right)

Bum Rolls Left & Right, Step Pivot 1/2 Turn, Rock & Cross.

- 1-2 Stick your bum out knees bent slightly & imagine you are writing a letter C with it on the inside of a steamy window? Roll it up to the Left, out & down bringing it back in at the bottom.
3-4 Do the previous 2 counts again but drawing a C the wrong way round?. Roll it up to the Right, out & down bringing it back in at the bottom. ?
5-6 Step Forward on Right, pivot 1/2 turn to Left.
7&8 Rock to Right side on Right, recover on Left, cross step Right over Left.

TAG:

Side, Together, Left Shuffle, Step, Pivot 1/2, Rock & Cross.

- 1-2 Step Left to Left side, step Right next to Left.
3&4 Step Forward on Left, step Right next to Left, step Forward on Left.
5-6 Step Forward on Right, pivot 1/2 turn to Left.
7&8 Rock to Right side on Right, recover on Left, cross step Right over Left.

Side, Together, Left Shuffle, Step, Pivot 1/2, Rock & Cross.

- 1-2 Step Left to Left side, step Right next to Left.
3&4 Step Forward on Left, step Right next to Left, step Forward on Left.
5-6 Step Forward on Right, pivot 1/2 turn to Left.
7&8 Rock to Right side on Right, recover on Left, cross step Right over Left.
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