

Sock It! (aka Zip It!)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Glynn Rodgers (UK)
音樂: Shut Up - Black Eyed Peas



1&2: Rock back onto right foot, recover weight onto left, point right toe to right side.

3-4: On ball of left make 1/2 turn right, stepping right beside left.

Touch left to left side.

5&6: Cross left over right. Step diagonally back right on right.

Touch left heel diagonally forward left.

7&8: Cross right over left. Step diagonally back left on left.

Touch right heel diagonally forward right.

**Cross, Point,
Cross, Point,
Jazz Box Turn,
Touch.**

&1: Step right in-place, cross left over right.

2: Point right toe to right side.

3-4: Cross right over left, point left to left side.

5-6: Cross left over right, step back right turning 1/4 left.

7-8: Step left to left side, touch right beside left.

**Rock & Touch,
Coaster Step,
Lock Step,
Cross, Side.**

1&2: Rock back
onto right,
recover weight
onto left, touch
right beside
left.

3&4: Step back
right, close left
to right, step
forward right.

5&6: Step
forward left,
cross right
behind left, step
forward left.

7-8: Cross right
over left, step
left to left side.

**Behind, Point,
Cross Shuffle,
Turn, Turn,
Mambo Touch.**

1-2: Step right
behind left,
point left to left
side.

3&4: Cross left
over right, close
right to left,
cross left over
right.

5-6: Step back
right turning $\frac{1}{4}$
left, step
forward left
turning $\frac{1}{4}$ left.

7&8: Rock right
to right side,
recover weight
onto left, touch
right beside left.
