

Stop Right Now

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4
編舞者: Louis James Sequeira (SG)
音樂: Stop - Spice Girls

級數: Improver



**SKATE SKATE
FORWARD
RIGHT
SHUFFLE, SKA
TE SKATE
FORWARD
LEFT
SHUFFLE**

1,2 Skate Right
forward in semi-
circle to right,
Skate Left
forward in semi-
circle to left
3&4 Step Right
forward, Step
Left behind
Right, Step
Right forward
5,6 Slide/Skate
Left forward
diagonally to
left, Slide/Skate
Right forward
diagonally to
right
7&8 Step Left
forward, Step
Right behind
Left, Step Left
forward

**STEP RIGHT,
RIGHT SIDE
DRAG
FORWARD
RIGHT
SHUFFLE
STEP
LEFT, LEFT
SIDE DRAG
FORWARD
LEFT
SHUFFLE**

1,2 Take a long
step Right to
right, Drag Left
to Right

3&4 Step Right
forward, Step
Left behind
Right, Step
Right forward
5,6 Take a long
step Left to left,
Drag Right to
Left
7&8 Step Left
forward, Step
Right behind
Left, Step Left
forward

**PADDLE
TURN, RIGHT
HEEL
FORWARD,
TAP RIGHT
TOE BACK
PADDLE
TURN, RIGHT
HEEL
FORWARD,
TAP RIGHT
TOE BACK**

1,2 Paddle Turn
1/4 : Place ball
of R foot
forward,
pushing off onto
L with a 1/4 turn
left
3,4 Place Right
heel forward,
Tap Right Toe
back
5,6 Paddle Turn
1/4 : Place ball
of R foot
forward, pushing
off onto L with a
1/4 turn left
7,8 Place Right
heel forward,
Tap Right Toe
back

**LEFT VINE
TURN 1/4
LEFT,
FORWARD
LEFT SHUFFLE
FORWARD
RIGHT
SHUFFLE,
FORWARD
LEFT SHUFFLE**

1,2 Step Left to
left, cross right
behind Left
3&4 Make $\frac{1}{4}$
turn left
stepping Left
forward, do a
forward left
shuffle- Left,
Right, Left
5&6 Forward
Right Shuffle-
Right, Left,
Right
7&8 Forward
Left Shuffle-
Left, Right, Left

REPEAT
