## Let Go Mambo (aka Botate)



拍數: 64 編數: Intermediate/Advanced

編舞者: Forty Arroyo (USA) - January 2005

音樂: Mi Mulata - Frankie Negrón



Cucala, Cucala by Ismael Rivera Any Great Mambo will do.

HEEL, STEP, 1/4 TURN STEP, TOUCH, STEP, TOUCH, 1/4 **TURN HEEL** TAP, STEP 1-4 Tap R heel forward, Step R in place, Turning 1/4 to R step L to side, Touch R next to L 5-8 Step R to side, Touch L next to R, Tap L heel forward turning ¼ to L, Step L in place

STEP, HOLD, STEP, HEEL TAP, BALL, STEP, HOLD, STEP, SIDE TOUCH, **CROSS** 1,2&3,4 Step R forward, Hold, Step L in place, Tap R heel forward, Step ball of R next to L 5,6&7,8 Pushing off on R - Step L to side, Hold, Step R next to L, Touch L to side,

Cross L over R

BACK, TOGETHER, BACK, TOUCH, FORWARD, TOGETHER, FORWARD, **TOUCH** 1-4 Traveling back diagonally to R, Step R, Step L next to R, Step R, Touch L next to R 5-8 Traveling forward diagonally to L, Step L, Step R next to L, Step L, Touch R next to L

**RIGHT** MAMBO, PRESS, 1/4 TURN, STEP, **HOLD** 1-4 Rock R to side, Recover on L, Step R next to L, Hold 5-6 Press ball of L to side, Pushing off on ball of L twisting heels to right turn 1/4 to L (weight on R) 7-8 Step L next to R, Hold

**RIGHT** MAMBO, PRESS, 1/4 TURN, STEP, **HOLD** 1-4 Rock R to side, Recover on L, Step R next to L, Hold 5-6 Press ball of L to side, Pushing off on ball of L twisting heels to right turn 1/4 to L (weight on R) 7-8 Step L next to R, Hold

**TRIPLE** FORWAD. TOUCH, STEP, HEEL, STEP, TOUCH 1-4 Step R forward, Step L next to R, Step R forward, Touch L toes behind R 5-8 Step slightly back on L, Tap R heel forward, Step R in place, Touch L toe behind

1/4 SIDE, TOGETHER, SIDE, BRUSH, JAZZ BOX 1-4 Step L to side turning 1/4 to L, Step R next to L, Step L to side, Brush R forward and across L 5-8 Cross step R over L, Step slightly back on L, Step side R, Step L next to R

**TURNS WITH** COUNTER **CLOCKWISE** HIP **ROTATIONS** 1-2 Pushing hips to L - Step slightly forward on ball of R, rotating hips CCW to R - turn 1/4 to L 3-4 Repeat 5-6 Repeat 7-8 Repeat end with weight on L - Start the

dance - enjoy!!

4 (1/4 ) PADDLE

It doesn't matter where you dance, just as long as you dance.
Dancin' til I drop, Forty ps Support your local dance instructors.
Keep line dance alive.