

The Van Dance (aka Show Your Assets)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jackie Miranda (USA), Ellen Kiernan (USA), Gina Mello (USA), Doug Miranda (USA), John Bowen & John Robi
音樂: Invisible - Keahiwai : (CD: Dangerous)



Alternate Music:

Old Time Rock
& Roll by Bob
Seeger

**ROCK FWD,
RECOVER,
COASTER
STEP;ROCK
FWD,
RECOVER, ½
TURN L
SHUFFLE
FORWARD**

1-2 Rock
forward R (1),
recover to L (2)
3&4 Step back
R (3), step L
next to R (&),
step fwd R (4)
5-6 Rock fwd L
(5), recover to R
(6)
7&8 Make a ½
turn L (to 6:00)
and shuffle
forward L (7), R
(&), L (8)

**TRAVELING
SIDE KICK-
BALL-CROSS
2X; SIDE
ROCK,
RECOVER,
BEHIND, SIDE,
CROSS**

1&2 Kick R
diagonally
forward
(towards 7:30)
(1), step down
on ball of R (&),
step L across R
(2)

3&4 Kick R
diagonally
forward
(towards 7:30)
(3), step down
on ball of R (&),
step L across R
(4)
5-6 Side rock R
to right side (5),
recover to L (6)
7&8 Step R
behind L (7),
step L to left
side (&), step R
across L (8)

**DIP, POINT,
DIP, POINT; ¼
RIGHT
MODIFIED
MONTEREY
TURN**

Choreographers
' note: We
affectionately
call counts 1-4
the "mooning"
section. Stick
your rear-end
out as you sway
and shift
weight.

1-2 Bending
knees slightly,
dip/sway as you
shift weight to L
(1), point R toe
to right diagonal
(2)

3-4 Bending
knees slightly,
dip/sway as you
shift weight to R
(3), point L toe
to left diagonal
(L toe remains
close to R) (4)

5-6 Straighten
up and point L
to left side (5),
step L next to R
(6)

7-8 Point R to
right side (7),
step R next to L
making ¼ turn
right (now
facing 9:00) (8)

**POINT FWD,
POINT SIDE,
BEHIND, SIDE,
CROSS; SIDE
HOP, L BUMP,
SIDE HOP, L
BUMP**

1-2 Point L toe
forward (1),
point L toe to
left side (2)
3&4 Step L
behind R (3),
step R to right
side (&), step L
across R (4)
&5-6 With a little
hop, step R to
right side (&),
step L next to
right (5), bump
hips to L side
shifting weight
left (6)

Styling: Wave
hands over your
head from right
(5) to left (6),
snapping
fingers if you
wish

&7-8 With a little
hop, step R to
right side (&),
step L next to
right (7), bump
hips to L side
shifting weight
left (8)

Styling: Wave
hands over your
head from right
(7) to left (8),
snapping
fingers if you
wish

**START AGAIN
AND ENJOY!**

4-COUNT TAG

**At end of 6th
wall (facing
back), add a 4-
count tag:**

&1-2 With a little
hop, step R fwd
(&), step L next
to R (1), bump
hips to L side
shifting weight
left (2)

Styling: Wave
hands over your
head from right
(1) to left (2),
snapping
fingers if you
wish

&3-4 With a little
hop, step R
back (&), step L
next to R (3),
bump hips to L
side (4)

Styling: Wave
hands over your
head from right
(3) to left (4),
snapping
fingers if you
wish
