

Lessons Over The Years (L O T Y)

COPPER KNOB
BY STEPHEN

拍數: 34 牆數: 4 級數: Improver
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音樂: Over the Years - Isla Grant



**1-8 RIGHT
CROSS ROCK,
BACK LOCK
STEPS, SIDE
CROSS, SIDE
RECOVER**

1-2 Cross R
over L, recover
weight on L,
&3&4 Sweep R
behind L(&),
step R behind
L(3), lock step L
over R(&), step
R back (4)

5-6 Step to left
on L, cross R
over L

7-8 Step left on
L(7), recover
weight on R

(Dance steps
1-4 diagonally,
facing 10.30 -
square up to
12.00 on steps
5-8)

**9-16 LEFT
CROSS ROCK,
BACK LOCK
STEPS, SIDE
CROSS, SIDE
ROCK TOUCH**

1-2 Cross L
over R, recover
weight on R
&3&4 Sweep L
behind R(&),
step L behind
R(3), lock step
R over L(&),
step L back (4)
5-6 Step to right
on R, cross L
over R

7&8 Step right
on R(7), recover
weight on L(&),
touch R beside
L (8)
(Dance steps
9-12 diagonally,
facing 1.30 -
square up to
12.00 on steps
13-16)

**17-24 RIGHT
FORWARD/LEF
T FORWARD
SHUFFLE,
PIVOT 1/2
TURN,
FORWARD
SHUFFLE**

1&2 Step R
forward, close L
beside R, step
R forward
3&4 Step L
forward, close R
beside L, step L
forward
5-6 Step R
forward, pivot
1/2 turn left
7&8 Step R
forward, close L
beside R, step
R forward

**25-32 VINE TO
LEFT, VINE TO
RIGHT WITH
1/4 LEFT
TURN**

1-2 Step L to
left, cross step
R behind L
&3-4 Step L to
left, cross step
R over L, rock L
to left
5-6 Recover
weight on R,
cross step L
behind R
&7-8 Step R to
right, cross step
L over R, step
back on R with
a 1/4 turn left
(3.00 wall)

33-34 STEP BACK, POINT

1-2 Step back
on L, point R to
right

RESTARTS

There are **TWO**
restarts:

During Wall 5
(12.00 wall),
dance until
count 16 and do
a 2-count sway
to the right and
left. Start Wall 6
from count 1,
dance again
until count 16
and do the 2-
count sway to
the right and
left, restart
dance (Wall 7)
from count 1.

ENDING

During the last
wall (Wall 8-
starting at 3.00),
you will end
facing the back
wall - to end
facing the front
wall, do counts
33-34 as
follows:
Do a 1/2 turn
left as you step
on L, point R to
right and pose.
