

Sizzlin Hot (aka BTB)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數:
編舞者: John Robinson (USA) & Pepper Siquieros (USA)
音樂: She's On Fire - Train



WALK
FORWARD
RIGHT-LEFT &
TOGETHER,
RIGHT CROSS,
LEFT SIDE
POINT,LEFT
CROSS, RIGHT
STEP BACK
TURNING ¼
LEFT, LEFT
COASTER
STEP

Note: Your starting wall is 12:00, but the first three steps will travel diagonally forward towards 1:30.
1,2 Walk, walk
Right step forward diagonally right (1), left step forward diagonally right (2)
&3&4 &
Together, cross-point Right step forward diagonally right (&), left step next to right (3), right step across left (&), left toe point side left (4)
5,6 Cross, back
Left step across right (5), pivot ¼ left stepping right foot back (now facing 9:00) (6)

7&8 Coaster
step Left step
back ball of foot
(7), right step
together ball of
foot (&), left
step forward (8)

**RIGHT STEP
FORWARD,
SYNCOPATED
TOE TAPS IN
PLACE, LEFT
STEP
FORWARD,RIG
HT STEP
FORWARD, ½
PIVOT LEFT
LEANING
BACK, &
RIGHT KICK-
BALL-CHANGE**

1,2 Step, tap
Right step
forward (1), left
toe tap next to
right (2)
&3&4 & Tap &
step Left step
next to right (&),
right toe tap
next to left (3),
right step next
to left (&), left
step forward (4)
5,6 Step, pivot
Right step
forward (5),
pivot 1/2 left
step keeping
weight back on
right foot and
lean back
slightly (now
facing 3:00) (6)
&7&8 & Kick-
ball-change Left
step next to
right (&), right
kick forward (7),
right step ball of
foot next to left
(&), left step
forward (8)
(Option: you
can do a right
tap-ball-change
on 7&8)

**TOE STRUTS
ANGLING
BODY LEFT
THEN RIGHT,
¼ TURN LEFT,
LEFT TOUCH,&
CROSS &
CROSS
TRAVELING
LEFT**

1,2 Toe, strut
Right toe touch
forward across
left, angling
body diagonally
left (towards
1:30) (1), right
step down (2)
*Option: Raise
right foot in
figure 4 (tucked
close to left calf)
angling body
diagonally left
(1), right step
forward across
left (2).*

3,4 Toe, strut
Left toe touch
forward across
right, angling
body diagonally
right (towards
4:30) (3), left
step down (4)
*Option: Raise
left foot in figure
4 (tucked close
to right calf)
angling body
diagonally right
(3), left step
forward across
left (4).*

5,6 Turn, touch
Pivot ¼ left
(towards 12:00)
stepping right
foot side right
(5), left touch
next to right (6)

&7&8 & Cross &
cross Left step
side left ball of
foot (&), right
step across left
(7), left step
side left ball of
foot (&), right
step across left
(8)

**LEFT SIDE
STEP, 5/8
SPIRAL RIGHT,
RIGHT STEP
FORWARD,
LEFT TOE
SWEEP
FORWARD,
BACK,LEFT
KICK &
TOUCH, HIP
BUMP**

1,2,3 Step,
spiral, step Left
step side left
(1), pivot 5/8
right (towards
7:30) on ball of
left spiraling into
right (raise right
foot off floor as
your pivot) (2),
right step
forward towards
7:30 (3)
4,5 Sweep,
sweep Sweep
left toe forward
(4), sweep left
toe back (5)
6&7 Kick &
touch Left kick
forward (6), left
step next to
right (&),right
touch next to
left (7)
&8 & Bump
Keeping weight
on left, bump
hips right-left
(&8)

*More
challenging
option for &7&8:
?Paddle? a full
turn left; you?ll
need to start the
paddle on the
first & count by
pivoting at least
 $\frac{1}{4}$ left, then
pivot another $\frac{3}{4}$
left
on the next &
count.*

**START AGAIN
AND ENJOY!**
