

# Nadine

**COPPERKNOB**  
STEPSHETS

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Bob Boesel (USA) - September 2004  
音樂: Nadine - Chuck Berry



**A. HEEL BALL  
CROSS (2X),  
SIDE HIP, HIP,  
HIP (3X)**  
1&2,3&4 Touch  
R heel on R  
diagonal, step  
on ball of R next  
to L, cross step  
L over R.  
Repeat  
5,6,7&8 Step  
side on R  
bumping hips R,  
bump hips L,  
bump hips R, L,  
R (12:00)

**B. CROSS  
SHUFFLE,  
POINT SIDE, ½  
TURN, POINT  
SIDE, TOG,  
POINT SIDE,  
TOG, HEEL  
TAP**  
1&2,3,4 Cross  
shuffle L over R,  
point R toe to R  
side, turn ½ R  
on L stepping  
together on R  
5&6&7,8 Point L  
toe to L side,  
step L next to R,  
point R toe to R  
side, step R  
next to L, tap L  
heel on L  
diagonal, hold  
(6:00)

**C. STEP TOG,  
CROSS ROCK,  
RECOVER,  
SHUFFLE ¼ R,  
STEP ¼ R,  
SAILOR STEP  
¼ R, STEP  
FWD**

&1,2,3&4 Step L  
next to R, cross  
rock R over L,  
recover on L,  
step side on R,  
step L next to R,  
turn ¼ R step  
fwd on R  
5,6&7,8 Turn ¼  
R step side on  
L, step R behind  
L starting ¼ turn  
R, step side on  
L completing  
turn, step side  
on R, step  
forward on L  
(3:00)

**D. ROCK FWD,  
RECOVER,  
COASTER  
STEP,  
EXTENDED  
WEAVE, POINT  
SIDE**

1,2,3&4 Rock  
fwd on R,  
recover on L,  
step back on R,  
step L next to R,  
step forward on  
R  
5&6&7,8 Step L  
over R, step  
side on R, step  
L behind R, step  
side on R, step  
L over R, point  
R toes to R side  
(3:00)

**E. TURN ½  
STEP TOG,  
POINT SIDE,  
WEAVE, ¼  
TURN STEP,  
SHUFFLE  
BACK, STEP  
BACK**

1,2,3&4 Turn  $\frac{1}{2}$   
R on L stepping  
together on R,  
point L toes to L  
side, step L  
behind R, step  
R to R side,  
step L over R  
5,6&7,8 Turn  $\frac{1}{4}$   
L stepping back  
on R, step back  
on L, step R  
next to L, step  
back on L, step  
back on R  
(6:00)

**F. ROCK  
BACK,  
RECOVER,  
SHUFFLE  
FWD,  $\frac{1}{4}$  TURN  
STEP, WEAVE,  
POINT SIDE**  
1,2,3&4 Rock  
back on L,  
recover on R,  
step fwd on L,  
step R next to L,  
step fwd on L  
5,6&7,8 Turn  $\frac{1}{4}$   
L stepping side  
on R, step L  
behind R, step  
R to R side,  
step L over R,  
point R toes to  
R side (3:00)

**G. TURN  $\frac{1}{2}$   
STEP TOG,  
POINT SIDE,  
WEAVE,  $\frac{1}{4}$   
TURN STEP,  
SHUFFLE  
BACK, STEP  
BACK**  
1,2,3&4 Turn  $\frac{1}{2}$   
R on L stepping  
together on R,  
point L toes to L  
side, step L  
behind R, step  
R to R side,  
step L over R

5,6&7,8 Turn  $\frac{1}{4}$   
L stepping back  
on R, step back  
on L, step R  
next to L, step  
back on L, step  
back on R  
(6:00)

**H. ROCK  
BACK,  
RECOVER,  
SHUFFLE  
FWD,  $\frac{1}{4}$  TURN  
STEP, WEAVE,  
POINT SIDE**

1,2,3&4 Rock  
back on L,  
recover on R,  
step fwd on L,  
step R next to L,  
step fwd on L  
5,6&7,8 Turn  $\frac{1}{4}$   
L stepping side  
on R, step L  
behind R, step  
R to R side,  
step L over R,  
point R toes to  
R side (3:00)

**I. TURN  $\frac{1}{4}$   
TOG, ROCK  
FWD,  
RECOVER,  
ROCK SIDE,  
RECOVER,  
CROSS  
SHUFFLE,  $\frac{1}{4}$   
TURN FWD**

1,2,3,4 Turn  $\frac{1}{4}$   
R stepping R  
next to L, rock  
fwd on L,  
recover on R,  
rock L to L side  
5,6&7,8  
Recover on R,  
step L over R,  
step R to R  
side, step L  
over R, turn  $\frac{1}{4}$   
R stepping fwd  
on R (9:00)

**J. STEP FWD,  
½ TURN  
HOOK,  
SHUFFLE  
FWD, ½ TURN,  
½ TURN,  
TRIPLE STEP  
¼ TURN**  
1,2,3&4 Step  
fwd on L, turn ½  
R and hook R  
over left shin,  
step fwd on R,  
step L next to R,  
step fwd on R  
5,6,7&8 Turn ½  
R stepping back  
on L, turn ½ R  
stepping fwd on  
R, triple step in  
place L, R, L  
turning ¼ R  
(6:00)

BEGIN AGAIN  
AND HAVE  
FUN...SORRY,  
NO TAGS OR  
RESTARTS  
REQUIRED.

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