

Mu Cha Amore

COPPERKNOB
STEPSHETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Bernie Flint (UK) - August 2004
音樂: More and More - Joe Dolan



**Section .1 Rock
x 2, Chasse ¼
left, Pivot ½,
Shuffle ½.**

1-2. Rock left to
left side, Rock
weight back
onto right,
hitching left
knee.

3 & 4 Step left
to left side,
Close right to
left, Step left ¼
turn left.

5-6 Step
forward on right,
Pivot ½ turn left,
weight forward
onto left foot.

7 & 8 Shuffle ½
turn over left
shoulder,
stepping right-
left-right.(9
o'clock wall)

**Sections 2,
Rock x 2,
Chasse left,
Cross rock,
Chasse right ¼
turn right.**

1-2. Rock left to
left side, Rock
weight back
onto right,
hitching left
knee.

3 & 4 Step left
to left side,
Close right to
left, Step left to
left.

5-6 Cross step
right over left,
Rock weight
back onto left.

7 & 8 Step right
to right side,
Close left to
right, Step right
¼ turn right (12
o'clock wall)

**Section 3. Step
touch, back
shuffle ¼ turn
right, cross side
sailor step.**

1-2 Step
forward on left,
Touch right toe
behind left
heel.

3 & 4 Shuffle
back right-left-
right turning ¼
right.

5-6 Cross left
over right, Step
right to right
side.

7 & 8 Step left
behind right,
Step right
beside left, Step
left beside right.
(3 o'clock wall)

**Section 4,
Cross, Step,\
Step, Cross,
Step,\ Step,
Touch,\ Chasse
½ turn right.**

1-2 Cross step
right over left,
Step back onto
left.

3 & 4 Step
diagonally back
on right, Cross
step left over
right, Step back
on right.

5-6 Step left to
left side, Touch
right toe to left
instep.

7 & 8 Chasse
right ½ turn
right, stepping
right-left-right.(9
o'clock wall)

Section 5
Weave left
figure of eight,
completing ½
turn on
completion.

1-2 Step left to
left side, Step
right behind
left.

3-4 Step left ¼
turn left, Step
forward right
pivot ½ turn.

5-6 Step
forward left
turning ¼ left,
Step right to
right side.

7-8 Step left
behind right,
starting to turn
right, Step right
½ turn right.

(Weight stays
on right, ready
to rock to the
left to start the
dance again.)(3
o'clock wall)
