Freek Like Me



拍數: 64 編數: 4 級數: Intermediate/Advanced

編舞者: Bo Wallin (SWE) & Neville Fitzgerald (UK) - July 2005 音樂: Don't Cha (feat. Busta Rhymes) - The Pussycat Dolls



Starts after 64 Counts

SIDE, BEHIND & CROSS, SIDE, BEHIND & POINT, SIDE, POINT

1-2 Step Left to Left Side, cross step Right behind Left.

&3-4 Step Left to Left side, cross step Right over Left, step Left to Left side.

Cross step Right behind Left, step Left to Left side, point Right toe across Left.
Step Right to Right side, touch Left toe across Right. (Bit of ?cool? on points)

& 1/2 MONTEREY, ROCK & CROSS, 1/4 TURN, 1/2 TURN, STEP PIVOT 1/4.

&1-2 Step Left next to Right, touch Right to Right Side. make 1/2 Turn to Right stepping Right next

to Left.

3&4 Rock to Left Side on Left. recover on Right. cross Left over Right.

5-6 Make a 1/4 turn Left stepping back on Right, 1/2 Turn Left stepping forward on Left.

7-8 Step forward on Right, pivot 1/4 turn Left.

CROSS, HOLD, & CROSS, SIDE, SAILOR 1/4 TURN, 1/2 TURN, 1/4 TURN.

1-2 Cross Right over Left, Hold.

&3-4 Step Left to Left side, cross step Right over Left, step Left to Left side.

5&6 Step Right behind Left, make 1/4 turn to Right stepping Left next to Right, step forward

Right.

7-8 Make 1/2 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to Right side.

SIDE, HOLD & CROSS, 1/4 TURN, ROCK, STEP, 1/2 TURN, 1/4 TURN.

1-2 Step Left a big step to Left side, Hold.

&3-4 Step Right next to Left, cross step Left over Right, make 1/4 turn to Left stepping back on

Right.

5-6 Rock back on Left, recover on Right.

7-8 Make 1/2 turn to Right stepping back on Left, 1/4 turn to Right stepping forward on Right.

STEP, HOLD & ROCK STEP, COASTER 1/4 CROSS STEP CROSS, POINT.

1-2 Step forward on Left, Hold.

&3-4 Step Right next to Left, rock forward on Left, recover on Right.

Step back on Left, step Right next to Left, make 1/4 turn to Left cross stepping Left over

Right.

&7-8 Step Right to Right side, cross step Left over Right, point Right to Right side.

CROSS, 1/4 TURN, 1/4 TURN, CROSS, ROCK, RECOVER, BEHIND, UNWIND FULL TURN.

1-2 Cross step Right over Left, make 1/4 turn to Right stepping back on Left,
3-4 Make 1/4 turn to Right stepping Right to Right side, cross step Left over Right.

5-6 Rock to Right side on Right, recover on Left.

7-8 Touch Right behind Left, unwind full turn to Right. (weight ends on Right)

SIDE, HOLD & CROSS SHUFFLE, SIDE, SAILOR 1/2, STEP.

1-2 Step Left a big step to Left side, Hold.

&3&4 Step Right next to Left, cross step Left over Right, step Right to Right side, cross step Left

over Right.

5 Step Right to Right side.

Make 1/4 turn to Left stepping Left behind Right, 1/4 turn to Left stepping Right next to Left,

step forward on Left. (Sailor 1/2)

8 Step forward on Right.

ROCK, RECOVER, COASTER CROSS, ROCK & CROSS, 1/4 TURN, 1/4 TURN.

1-2	Rock forward on Left, recover on Right.
3&4	Step back on Left, step Right next to Left, cross step Left over Right.
5&6	Rock to Right side on Right, recover on Left, cross step Right over Left.
7-8	Make 1/4 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to Right side.